

Written by Gallupsun Staff Friday, 02 December 2016 12:14

Pyramid Rock Trail Run

Registration begins at 8 am and costs \$30. The event is a fundraiser for the choirs of Rehoboth and happens in conjunction with Red Rock Balloon Rally. Visit resnm.org to register.

Hospital and Ambulatory-based Detoxification and Withdrawal Course

8:30 am to 12:30 pm: Presented by Rehoboth McKinley Christian Health Care Services and the New Mexico Behavioral Health Collaborative. This no-cost course is designed to provide evidence-based guidance on medical detox from drugs and alcohol in emergency, inpatient hospital and outpatient clinical settings. Learn to identify common withdrawal syndromes, triage patients, use an algorithm for outpatient detox, identify local community resources and more. For more info, contact Niles McCall at (505) 863-7333. Held in RMCH third floor solarium.

New Student Orientation UNM-G

9:30-11:30 am: For all incoming freshmen including transfer students. UNM-G, Student Services and Tech Center Room 200, 700 Gurley Ave.

Community Christmas Parade

1-2 pm: The City of Gallup and The Gallup-McKinley County Chamber of Commerce host the parade, which begins at 1 pm, traveling east on Aztec Avenue, starting on the corner of Sixth Street and Aztec Ave. It then turns on First Street. Santa will be visiting us in the Parade.

Overeaters Anonymous

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Overeater's Anonymous 12-step meetings. Held every Sunday at 6 to 7 pm. at the Hozho Center, 216 W. Maloney. Open to anybody who has a desire to stop compulsive eating. Contact info. (505) 307-5999, (505) 721-9208, or (505) 870-1483.

Rippy and the Sillyettes

Rippy and his daughters, ages 9 and 11, have been paying music together for about eight months. City Center Coffee at 6 pm, 501 S. Third St., behind the Courthouse.

SUNDAY Dec. 4

Church of the Holy Spirit

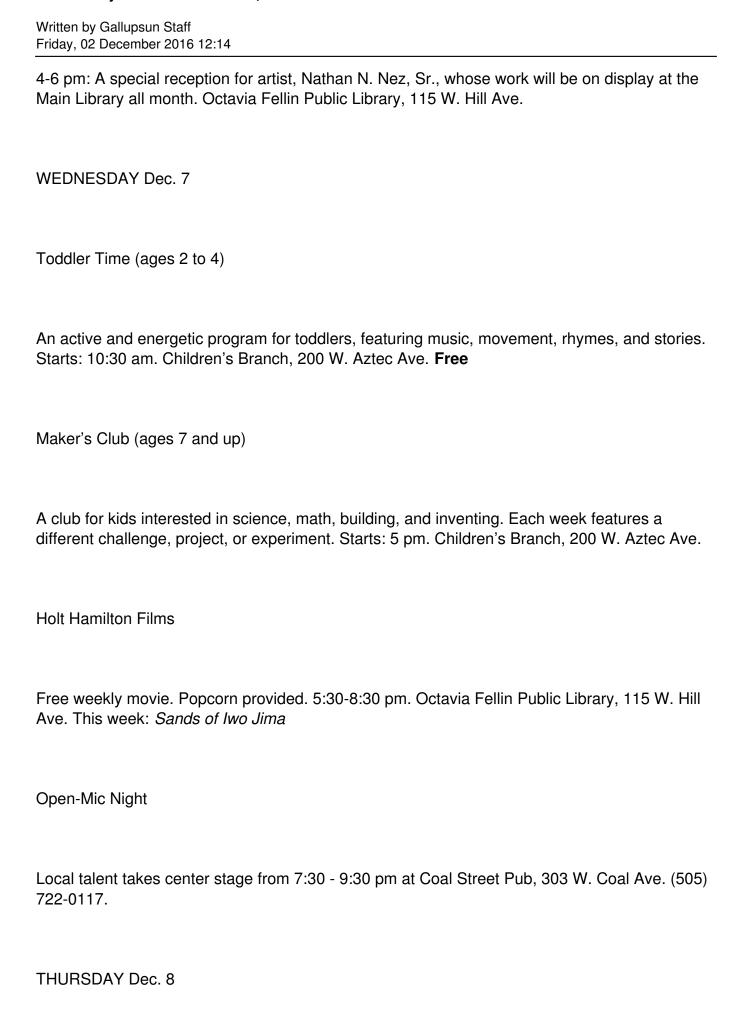
Join us for the Holy Eucharist. Begins: 10:30 am. For more information, please call (505) 863-4695. Location: 1334 S. Country Club Dr.

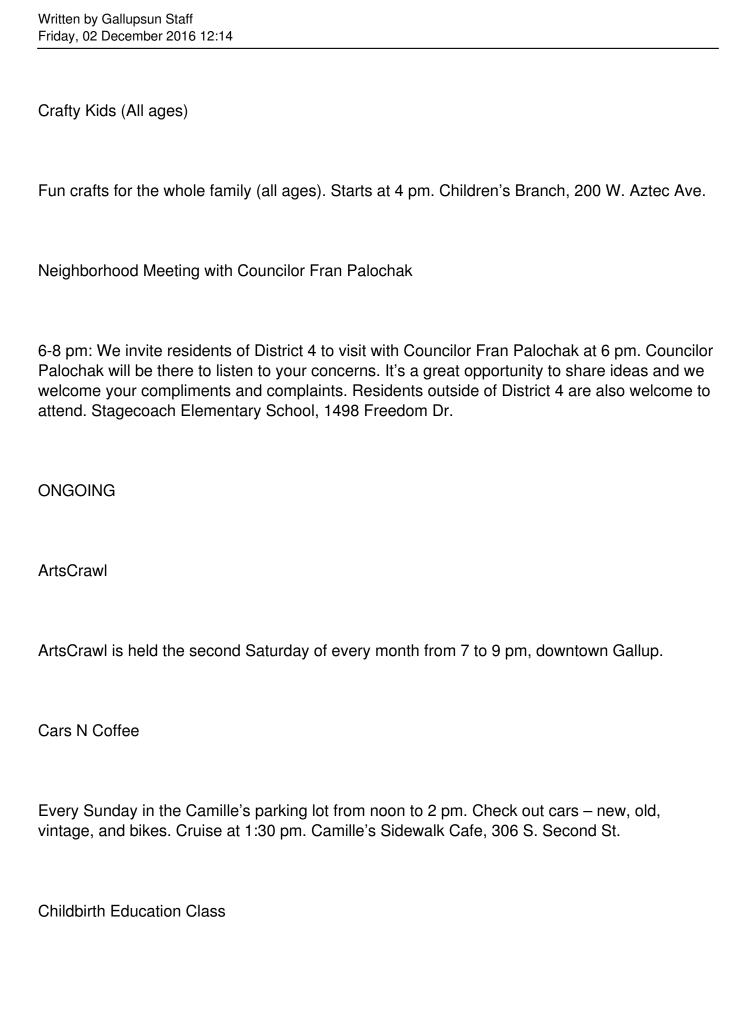
TUESDAY Dec. 6

Holiday Card Making with Technology

3-5 pm: Learn to use Microsoft Publisher to make personal greeting cards for family and friends. Class size is limited to 10 participants per session. Registration is required. You can register at the library Front Desk, call (505) 863-1291. Octavia Fellin Public Library, 115 W. Hill Ave

Nathan N. Nez, Sr. Artist Exhibition





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RMCHC Women's Health Unit offers childbirth education classes, at no charge, every second Saturday of the month in the RMCH Library, 1901 Red Rock Drive, from 9 am-1 pm. Contact WHU at (505) 863-7026.

City of Gallup's Sustainable Gallup Board

First Monday of the month, from 3 - 5 pm. Community members concerned about conservation, energy, water, recycling, and other environmental issues are welcome. Call Bill Bright at (505) 722-0039 for information. Octavia Fellin Public Library: 115 W. Hill Ave.

Community Pantry

The Hope Garden offers organic produce for sale from 10 am - noon, Tue – Fri., 1130 E. Hassler Valley Road. All funds go to helping feed local folks. Call (505) 726-8068 or when visiting, ask for Vernon Garcia.

Friday Night Hootenanny

Gallup's longest-running live show! Every Friday night from 7 - 9 pm. Camille's Sidewalk Cafe, 306 S. Second St.

Gallup-McKinley County Humane Society

Wednesdays are low-cost Spay and Neuter Days, at the Gallup-McKinley County Humane Society. For more information, please call (505) 863-2616, or email: gmchumanesociety@gmail.com. Location: 1315 Hamilton Rd.

Gallup Solar

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The nonprofit, Gallup Solar, is hosting free Solar 101 classes about all things related to off-grid solar systems on the first three Wednesdays of each month, 6 - 7 pm, at 113 E. Logan Ave. All welcome any week. No registration required. For info call: (505) 728-9246.

Habitat for Humanity Yard Sale

The fundraisers are open 9 am - noon every Saturday. If you have household items to donate or wish to volunteer on construction or another service call Bill Bright at (505) 722-4226, Warehouse Lane off Allison Road.

Recycling Council

McKinley Citizens Recycling Council is a local nonprofit working to increase recycling through education, community outreach, and partnership with local government agencies. MCRC meets the first Saturday of the month at 2 pm, at Red Mesa on Hill St. For more information, please call (505) 722-5142 or visit Recylegallup.org. **Note: Not held in December**

Scholarships

The RMCHCS Auxiliary awards scholarships each Fall and Spring semester to students pursuing an education in medical or health careers. Applicants must be full time students, have completed 12 college credit hours, and have at least a 2.0 GPA. Application deadline for the spring 2017 semester is Jan. 3. Applications are available at the UNM-Gallup Financial Aid Office and at the RMCH information desk. Info: (505) 863-7325.

SAVE THE DATE

Family Movie

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Dec. 9 at 4 pm: a family film for everyone to enjoy. Children's Branch, 200 W. Aztec Ave. This week: *Muppet Christmas Carol*

Winter Wonderland

The Children's Branch will be hosting its annual Winter Wonderland Celebration on Dec. 10 from 1-4 pm. Join us to make snowman slime and snowflake ornaments. Play library bingo to win books. Find all the snowmen hiding in the library during our snowman scavenger hunt, and Santa might stop by for a visit, too. For more information call (505) 726- 6120. Children's Branch, 200 W. Aztec Ave.

Taize' Workshop

Dec. 11, 6:30 pm: Join us for a special Advent service — a time of rest, silence, and spiritual refreshment before the busyness of the season. Take this opportunity to calm and quiet the soul before the new week starts. Music, chant, Scripture, and candlelight are part of this special service held at Westminster Presbyterian Church on Boardman Drive (151 N.M. 564 near the Orleans Manor Apartments). For more info, call Kathy Mezoff (505) 870-6136.

Holiday Tour of Homes

Dec. 11: The event is a fundraiser for the Ups & Downs Relay For Life Team of the American Cancer Society. Tour four Beautiful Holiday Decorated Homes in the Gallup community. Meet and Greet at 5 pm at the New Mexico Cancer Center, 2240 College Dr., where refreshments will be served. Vans depart 5:30 pm. Tours end at the New Mexico Cancer Center. Tickets \$20, contact: Joyce Graves (505) 863-3075 or Linda Shelton (505) 722-2175.

Adopt a Grandparent

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Bring joy to local elders by providing them with a gift. Navajo Health Education Program sponsors the event, which is looking for volunteers to adopt a grandparent from Ramah Senior Center, Tohatchi Senior Center, and Lupton Senior Center. Pick up a card from the tree at the NHEP office, (505) 726-8544; wrapped gifts should be dropped off no later than Dec. 12.

New Student Orientation UNM-G

Dec. 14: 2-4 pm; Jan. 7: 9:30-11:30 am. For all incoming freshmen including transfer students. UNM-G, Student Services and Tech Center Room 200, 700 Gurley Ave.