

## Governor announces renewed public health regulations

Written by Gallupsun Staff  
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### Says more will come if “alarming” rise of COVID-19 continues

SANTA FE — Gov. Michelle Lujan Grisham announced Oct. 13 that the state of New Mexico will implement, and in some cases re-implement, several public health regulations later in the week to stem the alarming rise of COVID-19 illnesses statewide.

The governor also reiterated her stark warnings from recent weeks – as COVID-19 infections have spread rapidly throughout all regions of the state, including an increase in COVID-19 hospitalizations – that New Mexico may in the near future be compelled to re-enact even more stringent public health controls to blunt the spread of the highly infectious and potentially lethal virus, which has already killed almost 1,000 New Mexicans.

“Without a vaccine, we have only a few tools against this awful, invisible enemy,” Lujan Grisham said. “We must wear our masks. We must avoid large groups of people. We must limit our travel outside of the home, particularly our time in enclosed indoor spaces.

“When we do these things, we can crush the virus, and we protect our families, our communities and our state from being overrun by illness. But the virus is booming in New Mexico right now,” she continued.

“The increases we’ve seen here are some of the worst in the entire United States this fall. This

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kind of overwhelming and dramatic statewide spread signals one thing: Too many of us, succumbing to COVID fatigue, are no longer using those tools,” she emphasized. “We’re no longer taking those precautions. We are giving the virus too many opportunities to spread. And the enemy is taking advantage,” the governor said.

“When the community spread of the virus becomes uncontrollable – and we are fast approaching that point – our only option is to simply shut down those opportunities for the virus. We’ve made so much progress to sustain reopenings and our limited, safe in-person learning efforts – but that progress is rapidly disappearing,” she said.

Rollbacks will mean more economic turmoil for so many workers and business owners in our state who have already suffered and sacrificed so much. But it is our only chance to prevent more devastating illness and to save lives. No one wants to come to that point. I detest the very thought of it. We have got to turn it around and fast,” she emphasized.

“So I once again urge, with my whole heart, that New Mexicans in every corner of the state, city leaders, county leaders, business leaders, community leaders all take up the mantle of fighting this invisible enemy, of requiring and encouraging safe behavior, of asking more of ourselves to protect New Mexico. The crisis is not over. The virus is still with us. Let’s step it up, all together, once again,” she stated.

The state has missed its reopening gating criteria – a measure of the spread of the virus that signals whether additional day-to-day activity is safe and can be permitted – for several weeks. Absent an improvement in those data, the State of New Mexico will once again restrict indoor dining service and significantly roll back maximum occupancy allowances at other retail and dining establishments.

The state’s operative emergency public health order will expire Oct. 16, after which it will be extended, with amendments.

As of Oct. 16, the governor and state health officials will append the following changes to the public health order and associated public health guidance documents:

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### ***TEMPORARY CLOSING TIME***

Any food or drink establishment in New Mexico serving alcohol must close at 10:00 pm each night. The governor's Economic Recovery Council, which has advised her administration on re-opening strategies to strengthen and sustain the state's workforce and economy through this crisis, made the recommendation for this mandatory closing time.

"New Mexico hotels and restaurants and our hospitality employees have suffered more from COVID than any other sector," Allan Affeldt, hotel and restaurant owner and member of the Economic Recovery Council, said. "In spite of that, the overwhelming majority of hotels and restaurants are in support of the state's COVID-Safe Practices and are doing our best to keep our guests and staff safe so our economy can recover faster.

"Together we can get all New Mexico businesses open sooner if we take these simple steps to help limit viral spread," Affeldt said.

The state, which issues liquor and restaurant licenses to food and drink establishments, will rigorously enforce this requirement.

### ***HOTEL OCCUPANCY***

Maximum occupancy restrictions will be reduced to 60 percent for places of lodging that have completed the N.M. Safe Certified training program and to 25 percent for places of lodging that have not completed the training program – a reduction of maximum occupancy from 75 percent

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and 50 percent, respectively.

### ***QUARANTINE***

The governor will amend her executive order that requires a period of mandatory self-quarantine for individuals arriving into New Mexico from out of state. Individuals arriving from “higher-risk states,” or those with a test positivity rate exceeding 5 percent and a test positivity rate higher than 80 per 100,000 residents, will no longer be exempt from the period of mandatory self-quarantine if they test negative for COVID-19 within 72 hours of their arrival into New Mexico. All individuals arriving from those higher-risk states – a list of which is updated each Wednesday at [cv.nmhealth.org/travel-recommendations](https://cv.nmhealth.org/travel-recommendations) – must self-quarantine for a period of no less than 14 days or for the duration of their stay in New Mexico, whichever is shorter.

### ***MASS GATHERINGS***

Mass gatherings of more than five individuals are once again prohibited. Previously the state had allowed gatherings of more than 10 individuals. A “mass gathering” is defined as any public or private gathering, organized event, ceremony, parade, organized amateur contact sport, or other grouping that brings together individuals in an indoor or outdoor space.