

September 23 is the Last Quarter Moon. According to CafeAstrology.com, this phase “points to some sort of crisis of consciousness.” Perhaps you’re struggling with faith, spirituality, or religion. Maybe your job, career, and relationships are shaping up in a different way than you first imagined. Madame G suggests taking a deep breath, and keeping calm and carrying on.

Aries (March 21-April 19)

Are you homesick? Perhaps business took you out of town, or you moved. Maybe you miss your childhood or what you imagine is the ideal version of youth. Take time for yourself this week. Consider what is pushing those thoughts to the surface and then let go. Enjoy this moment, because that’s what matters. Nostalgia is beautiful, until it’s not. You’ve got this!

Taurus (April 20-May 20)

Give yourself a break this week. You’re a difficult person to please, especially yourself, but keep it all in perspective. You may not know what you want, but you know what you don’t want — and that’s a very good place to start. Madame G suggests you give in to yourself. Take a long walk. Read a great book and laugh. Enjoy yourself!

Gemini (May 21-June 20)

You’re a bright star. But what brightens you? Purpose is a funny thing. We often know what we want, but are too afraid to admit it. Look at your dreams from the outside looking in. They may be more attainable than you think. If you want to be a doctor, that requires lots of school and hard work. But being an artist requires just as much dedication. There’s a way, if you look closely.

Cancer (June 21-July 22)

Sometimes we ignore the signs that are right in front of us. Are you? The universe has a funny way of kicking us out of our comfort zone and into the hot seat. Perhaps you're letting others dictate your feelings and sway you in a certain direction. Don't be afraid! As they say, "It ain't over till the fat lady sings." In other words, it's not over until your dead. And that's debatable.

Leo (July 23-Aug. 22)

Do you play enough? Remember being a kid when you could play outside all day. Each day was an adventure. You tackled every challenge with enthusiasm. That kid still lives there. Let her out. Instead of calling customers, maybe you're hunting for treasure, or instead of filing papers, you're searching for landmines. Who knows, it might just brighten your day. Have fun!

Virgo (Aug. 23-Sept. 22)

Don't let perfection kill you. If you're feeling the struggle, maybe you're trying too hard. It's not easy to pace yourself, especially when you're a perfectionist, but you should try. What path do you want to travel? You're excellent at helping others reach their goals, and that's wonderful, but unless that's your dream you should consider helping yourself. What do you love?

Libra (Sept. 23-Oct.22)

This is your time of year. The light is changing and so are the leaves. You're excited and maybe even a little sad. Did you accomplish all your goals? What's missing? If you can't remember what you wanted to accomplish for the year, consider writing it down. Make a list of the top five things you'd like to see in your life and then read that list every day. You'll be glad you did.

Scorpio (Oct. 23-Nov. 21)

Your passions run deep and still. Rarely are you out of control. Instead, you possess strength like a deep moving stream fueled by the force of a great lake. You may not always speak the loudest, but you'll have the last laugh. You're steadiness of purpose is your greatest strength. You're like a great general leading your army, stoically. Carry on! But don't forget who you are.

Sagittarius (Nov. 22-Dec. 21)

You're moved by many things, but force is rarely one of them. As a rebel at heart, you fight your nature by pretending to do one thing and saying another. It's okay to put up with a bad boss for your kids, or with a questionable situation while you figure things out. But keep in mind that you can't maintain that for long. You must pursue life on your own terms. Do it!

Capricorn (Dec. 22-Jan. 19)

Don't take anything for granted this week. Reflect on what you see with a critical eye, then let that critic go. It's not always wise to run your mouth or stand your ground, especially when you're wrong. Consider all the facts and learn to take everything with a grain of salt. Remember: "People are not against you. They're for themselves." Good luck!

Aquarius (Jan. 20-Feb. 18)

Life is odd. You're ready for adventure, but not sure where to go. It may feel like you have the weight of the world on your shoulders and you just don't quite know how to keep it up. Madame G suggests you stop and remove the burden. You can't save the world if you're distressed. Take up meditation, or running, or both. You'll learn to relax while taking action. You can do it!

Pisces (Feb. 19-March 20)

Madame G guide to the stars WEEK OF SEPT. 23 - 29

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Don't worry (not that you would) we're all a little weird here. You may feel you're pushing away a friend and maybe you are. But don't be quick to take it personally. They may have something they're working through. Be a loving presence in your friend or loved one's life and this too shall pass. Don't give up!