Dear Reader, enjoy a heaven-sent week. Allow this time to enter unencumbered into the world of light, with no external expectations. This will either be a time of great healing or great suffering. The choice is yours. You may wish to rethink a few things. What is worth fighting for, and what is not? Madame G wishes you well on your journey of life.

Aries (March 21-April 19)

Your heart is suffering. Pain is entrenched in your spirit and chokes you, as it holds you down. You can't decide which way is up or down. Your instincts may tell you to inflict pain on others, but this does not end suffering for you. In fact, all it does is create more suffering for yourself and those around you. Don't fight the storm. Work with it. Joy is here. Life is ebb and flow.

Taurus (April 20-May 20)

Pain is inevitable. Suffering is optional. Horrible things may have occurred. You may have had a terrible accident, lost a loved one, or been betrayed by a friend. Forgive yourself for feeling the way you feel. Let the pain wash over you. Release it little by little. The pain exists, but no longer troubles you. This is a life without suffering. It's quite freeing. Live well. Live free.

Gemini (May 21-June 20)

Don't joke about your past. Life may have tossed you a few curve balls, but you are an excellent catcher. You continue to see the beauty in life that others rarely see. You've made peace with the less than perfect you and embraced who you are now. In fact, you know that life is all about the living. So, know this, you're worth it. You deserve happiness. Don't be afraid to ask for it.

Cancer (June 21-July 22)

The road to perfection is fierce and tiring. You have many miles until you get there, and you will not get there tonight. In fact, you will never get there. If this bothers you, it's time for another goal. Perhaps one that's more attainable. Maybe you should consider that success is relative. Would you know it when you saw it? If not, now is a great time to make a definition.

Leo (July 23-Aug. 22)

Happiness, much like suffering, is a choice. But, sometimes people don't recognize when they're unhappy or suffering. It becomes as much a part of their being as breathing. They do it unconsciously. We are only on this planet for a short time. Isn't it better that we share our knowledge with the world? Show love and receive it. Joy is here now. Spread the love.

Virgo (Aug. 23-Sept. 22)

Living is a life sentence. You won't make it out alive. So, how we live our lives should be a reflection of the love we feel for each other. You may feel impatient with yourself and others, at times, but we are all just getting dragged along hoping for the best. Take comfort in knowing that you are not alone. You are loved. You are capable of good. You deserve good things. Enjoy!

Libra (Sept. 23-Oct.22)

So on and on we go. You can't look up hoping and expecting to see the stars without going outside in the dark. We may not always know the outcome or believe in ourselves, but we can ask others for support. Trust runs both ways. You can't expect anyone to trust you, if you don't trust them. Show others that you believe in them by allowing them to make their own decisions.

Scorpio (Oct. 23-Nov. 21)

No matter what happens, you are still you. No one can ever take that away from you. You may

not be perfect, but you are capable of good. The suffering in your heart may pain you to extremes, but you are more than your hurt. If you hurt others, you suffer and they suffer. In our lives, we have but one choice to continue suffering or not. Make your decision.

Sagittarius (Nov. 22-Dec. 21)

Don’t take off to the hills when everything gets tough. It might feel good at the time, but that is not a long term plan. You can’t protect a family with that attitude. You’re capable of more than you think. It’s okay to get scared and feel sad, but how do you respond? Will you show your family and yourself that you’re tough and resilient? Because you will be before you know it!

Capricorn (Dec. 22-Jan. 19)

Life is a series of ups and downs. You can’t force the good or bad to stay or stay away. But, how you respond to each action will show you how to move forward. You are more than your emotions. In fact, your emotions probably drive you astray. Don’t lose focus. Keep an open mind and stop focusing on your pain and suffering. You are in control. Just let go.

Aquarius (Jan. 20-Feb. 18)

The end is not the end, it’s merely a new beginning. But, it’s not always easy to see that. So, forgive yourself for feeling weak. Show compassion to those around you. Remember they are suffering, too. You must be you in a world where being yourself might subject you to harsh judgment. Don’t assume everything you do is right. Sit back and reflect. Keep the good and ditch the bad.

Pisces (Feb. 19-March 20)

You can’t assume you really know what someone is going through. Instead, look out for yourself and others. Don’t assume everyone is wrong when they don’t agree with you. Take time to

evaluate your actions and question yourself. If you live in a world of misery, it’s probably of your own making. Don’t suffer needlessly. Let go and let the good times roll.