Written by Gallupsun Staff Friday, 05 April 2019 12:51

Enjoy a Last Quarter Moon on March 28. The end of a period is as important as the beginning. Most people notice a Full Moon and neglect to look outside at any other time. Madame G suggests that you breathe into the feeling and notice your surroundings. Don't place shame or guilt on yourself. Instead notice yourself experiencing what is good in this world.

Aries (March 21-April 19)

You're a perfectionist. It may not always seem like it, especially if you have a messy room or don't have perfect scores. But, perfectionism takes many forms. Sometimes, perfectionism can lead to non-action. The reason for this is that your ideal for how it's supposed to be interferes with your ability or energy. You're a work in process. Don't give up. You've got this!

Taurus (April 20-May 20)

Live now or you'll never get the chance, dear Taurus. Be gentle with yourself and learn to let go. Changes are highly likely in your home, career, and partnerships. Inner changes now translate to the outside world, and you'll be seeking entirely new experiences.

Gemini (May 21-June 20)

You've almost got it. You received a taste of this energy last year, and now Uranus is sticking around consistently. Things may come to light that help you let go of negative attachments that have been keeping you from growing and thriving. Whatever you're doing, no matter how bad it looks-you've almost got it.

Cancer (June 21-July 22)

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Reaching out to an old friend can be a little nerve wracking. Will they respond? Are you still cool? Maybe they feel the same way. Be brave, dear Cancer, and push yourself to reach out. You may approach with a little clumsiness, but maybe they feel that way, too. Never give up on your friends. Show them that you care and that you're willing to reach out. Good luck!

Leo (July 23-Aug. 22)

Rejoice Leo, for the world is full of promise and hope. Believe in your dreams and keep reaching to accomplish all that you can. Live your fullest life and do your best. It's never too early or too late to pursue your goal. Now is the time to have the life of your dreams. You can accomplish anything that you put your mind to and you can live your best life now. Go!

Virgo (Aug. 23-Sept. 22)

Don't react dear Virgo. You must learn to notice your feelings and understand where they come from. Follow the thread of the feeling along the path and keep an open mind. Do your best to keep pushing forward and don't judge what you see. Look into your heart and follow what truth you find. This is the life you have. It's never too late to pursue your dreams.

Libra (Sept. 23-Oct.22)

Do your best dear Libra and don't judge your shortcomings so harshly. You're only human and you can accomplish anything that you want with the help of your friends. Believe in yourself, but remember that Rome was not built in a day. Put in good steady work day-by-day and do your best to live the best life you can.

Scorpio (Oct. 23-Nov. 21)

Believe in yourself Scorpio, no one else will do it for you. Don't make yourself smaller or less for others. There is no reason to suffer, so that others may build their own egos. You have a

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beautiful soul and incredible abilities. Push yourself forward with love and purpose. Don't hang onto anger, resentment, or shame.

Sagittarius (Nov. 22-Dec. 21)

You're more than you've ever imagined. You can do more than you imagine. Don't give up. With Venus moving into your home and family sector, and Mercury turning direct in the same sector on the 28th, there is a continued focus on home life. There is a shift emerging that turns your attention to more outgoing, creative, sociable, and pleasure-seeking activities.

Capricorn (Dec. 22-Jan. 19)

Do what is right for you Capricorn. Don't get lost in the mix. You must learn to trust your own judgment and do what's right for you. What do you want to do? What would you like to accomplish? Now is the time to refocus on yourself and listen to what's in your heart. Life is full of surprises. Good things will follow.

Aquarius (Jan. 20-Feb. 18)

Life is full of challenges and turbulence. How you respond is up to you. Life is not about taking on as much as you can until you break. But, you can't whine and cry every time something doesn't go your way. Do your best and take disruptions with quiet strength.

Pisces (Feb. 19-March 20)

You must focus on what you want and work hard to achieve your goals. You can't just expect someone to hand you the keys to the kingdom. You must actually do something. You can if you look into your heart and work to do your best. You may have to start at the beginning and keep building the house you want brick by brick. Good luck!

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