Written by Gallupsun Staff Friday, 07 December 2018 09:03

Bring on the exciting new moon Dec. 7! Now is the time to take a moment not only to be grateful, but to appreciate all your hard work. You've worked hard all year long. You might need to work hard this upcoming year as well. But that doesn't mean you should lose sight of the present. Madame G wishes you well this year, next year and for all your days.

Aries (March 21-April 19)

Don't freak yourself out — it is going to be OK. Take a deep breath and put your best foot forward. Here's some wisdom from Deepak Chopra on the flipside of moving forward (that's to say, letting go): "In the process of letting go you will lose many things from the past, but you will find yourself."

Taurus (April 20-May 20)

Dear Taurus, does your family life have you feeling down and out, running for the hills? Don't worry, this happens to everyone. There's always something in every family — it's not just yours. Instead of judging your family for their shortcomings, maybe you should reevaluate yourself. When it comes right down to it, you might be a bigger part of the problem than you realize.

Gemini (May 21-June 20)

Don't hold back! Whatever is holding you back and scaring the crap out of you, you'll get through it. Your worst enemy is your fear of failure. Take a deep breath. What's the worst that could happen? No, really, think about it. Your fears are making this worse than they need to be. Take a moment to reevaluate and then keep pushing, you're nearly there. Good luck!

## Madame G guide to the stars WEEK OF DECEMBER 10

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Cancer (June 21-July 22)

Give yourself a break — you've done your best. Now is the time to rethink your strategy. Remember, the holidays are about family and fun not the Grinch who stole pizza. Think about it. You're better than this. If there was a perfect Christmas, what would it look like? [Pause, and really think!] Nice! Now, focus on the real stuff — it's not about the stuff. You'll get there.

**Leo** (July 23-Aug. 22)

Keep your head held high and do your best. People will reach out when they're ready. Remember, it's not about always succeeding, it's not about having all the stuff, it's giving all you've got and loving with all you've got, and then things, somehow, fall into place.

*Virgo* (Aug. 23-Sept. 22)

If you were to think about your life, would you be happy? This is your life. Don't let other people dictate your happiness to you. You know what will make you have a wonderful and fulfilling life — and what won't. Don't be afraid of the answer. There is a big, wide world out there with so much opportunity.

*Libra* (Sept. 23-Oct.22)

Live your life! You can't keep waiting for everything to align and be perfect. You've given everyone a chance to do better and be better. You can't make a horse drink water if it doesn't want to. People are similar. You can share your ideas, but if they don't want anything to do with them — that's fine. Consider reworking your strategy or communication.

**Scorpio** (Oct. 23-Nov. 21)

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Now is the time to shine! Do your best and let your light shine free. Don't make yourself less for anyone. You're capable of so much more than you'd ever imagined. You're capable of so much more than you're letting on. Life is more than we make of it. We give our lives meaning. Do your best and shine brightly now is the time to live your life. Good luck!

Sagittarius (Nov. 22-Dec. 21)

Think before you leap. Think very, very carefully. "The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy," Martin Luther King Jr. once said. In order to meet this measure, to stand strong amidst discomfort, though, we really have to sit down and sort through the hard questions.

Capricorn (Dec. 22-Jan. 19)

Go forth and do good things, Capricorn! Enjoying selfless acts is your direction this week. Find someone you find deserving, and do them a favor. Or even better, consider doing someone who you deem totally undeserving a favor...You never know what doors a simple favor will open.

Aquarius (Jan. 20-Feb. 18)

Keep laughing and live your dreams. Tell others about your recent endeavors and travels. Stay loyal to the traits that make you unique. You have done well at keeping an open mind. Keep it up. Keep it open for others to walk through, and help them turn the knobs of their own portals.

Pisces (Feb. 19-March 20)

Things may stabilize more than you thought, Pisces. Enjoy your immediate company and keep things small this holiday season. Unwanted stress is never helpful for enjoying your holidays. Stay inside, stay warm and look out for those near you.

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