



Thanksgiving Thursday ... Black Friday ... Cyber Monday. The next day is #GivingTuesday, Nov. 29! This is an opportunity to become part of a new tradition of gibing back with generosity by giving HOPE through your donation to Hands of Hope.

## Ways to give:

Give your time by volunteering.

Give material donations of diapers, wipes or gently used baby/maternity clothing and equipment.

## Gallup Hands of Hope to gather donations on #GivingTuesday



Give financially – go to HandsOfHopeGallup.org and click on the "Ways to give" tab.

Monetary donations can be given online through Paypal or by mailing a check.

Coming together to give enables HOPE to continue providing free pregnancy tests with options counseling as well as free parenting classes for both women and men. These classes provide access to a clothing room with diapers and maternity/baby clothing and equipment.

It also helps HOPE to visit middle and high school classes to encourage and equip students to make wise decisions about their relationships until they are ready for a lifelong commitment.

Follow #GivingTuesday for Hands of Hope on Facebook: Facebook.com/handsofhopegallup, or visit their site at HandsofHopeGallup.Org for more information.