

## Gallup drug rehab fills critical treatment gap

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Furthering its mission to support lifelong recovery from substance use disorders, Four Corners Detox Recovery Center now offers outpatient services — a key component in its continuum of care model that delivers treatment to clients at each stage of their recovery. With few currently existing options for outpatient drug treatment in Gallup, the service also fills a critical gap in the community.

Barry Ore, the Center's program director, said that the outpatient program is critical for people who are trying to maintain sobriety.

"Clients in recovery outside of a traditional in-patient residential treatment facility are not only dealing with everyday stressors, they are, in most cases, rebuilding their lives. This could mean making brand new social connections, navigating the legal system, creating new routines or finding steady employment," Ore said. It's a lot of pressure and can be overwhelming."

Four Corners Detox Recovery Center, which is a subsidiary of Santa Fe Recovery Center, offers both an intensive 16-week and regular outpatient program where clients attend weekly individual sessions with a counselor and participate in a variety of classes and groups based on their individual needs and treatment plan.

The program is built on culturally-relevant, evidence-based practices and covers topics such as relapse prevention, early recovery, social support and coping skills. Clients work closely with case managers for referrals to appropriate community resources around career support, housing, public benefits and medical appointments. Four Corners also provides medication

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assisted treatment.

Four Corners has already begun enrolling clients from its detox and residential program, and a partnership with the DWI Treatment Court will offer a non-punitive response to address addiction recovery for individuals involved with the criminal justice system.

“McKinley County has been identified as one of counties in New Mexico with the highest DWI offenses and has always been in dire need of behavioral health services, including the need for a detox center, substance use recovery program, and Intensive Outpatient Program,” Shanell Franklin, Magistrate Court DWI Drug Court Coordinator, said.

“One of the biggest challenges in our county has been to find providers who would be able to provide evidence-based treatment services,” Franklin said. “We are grateful that we now have the resources to provide services through Four Corners Detox Recovery Center.”

Four Corners Detox Recovery Center opened in late 2020 and is on pace for about 1,000 detox admissions and over 400 residential admissions.

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