

The dictionary defines diplomacy as the, “art of dealing with people in a sensitive and effective way.” From Oct. 7-24, Mercury is in Libra. This opens doors for diplomatic relations. Madame G suggests learning the art of communication. Don’t look to the professionals (like the Presidential candidates) for clarification. Instead, Madame G suggests you look at your fellow human beings with compassion — we’re all in this together.

Aries (March 21-April 19)

Are you feeling a bit depressed this week? Watch who you’re spending time with, for they may be contributing to your unhappiness. If the job is dragging you down, consider your options. If you’d like to one day be in your boss’s shoes — you’re on the right track. However, if you’d rather drown, you may need rethink your priorities. Life is a gift. Don’t waste it.

Taurus (April 20-May 20)

There is a time when feeling sad is normal. It could be the “mean reds”, as Audrey Hepburn said in Breakfast at Tiffany’s. Don’t suffer. Take a long healthy walk with the pooches. Have a lively conversation with your spouse about spinach. But if the feeling continues, seek help. Depression is a medical condition, not a weakness. Live well!

Gemini (May 21-June 20)

The world is troubling you. This is understandable. Watching current political mayhem is disturbing. Madame G suggests you get outside and breathe the fresh air. Take what action you can. Vote or don’t, the choice is yours. Feeling anxious? Organize your space. Begin with one drawer, closet, or room. Learn to make peace with what you can’t change; fix what you can.

Cancer (June 21-July 22)

You may attend a class or function against your will. Instead of bemoaning the inconvenience, look for your next opportunity. What will help you in the future? Perhaps you'll meet a new client or land a new job. Maybe you'll even meet up with an old friend for tea. Whatever the case, remember every day that you're alive is a chance to live the life you've always wanted.

Leo (July 23-Aug. 22)

You may feel nostalgic. Fall is time for reflection and winding down. It's beautiful and terrible. It plays with your emotions. But this is all part of life. Don't forget that spring and summer will come again, and sun will continue its rise and set. Be careful you don't burden one child over another. Use sound judgment when looking at the past, and smile — for you have lived.

Virgo (Aug. 23-Sept. 22)

Hunting season is here. Even non-hunters can see the value in gathering your own food. If you're an avid meat-eater, consider adding in fresh fruits and vegetables from your local farmer's market. Ask your vegetarian friend for advice. If you're the friend, help them model your good behavior. Remember, showing love to those we disagree with is always in season. Good luck!

Libra (Sept. 23-Oct.22)

Balancing the scales is tricky. Are you trapped in the middle? Listening to both sides of an argument is always valuable. Stop and reflect on your emotions. Try to separate your judgement from your emotions. You may feel right but actually be in the wrong. If you've messed up, speak up and take heart — everyone errs. It's human.

Scorpio (Oct. 23-Nov. 21)

Diplomacy is a weapon like anything else. How will you act? Focus on what benefits you most. This doesn't mean taking advantage of others, quite the opposite in fact. It means caring for yourself like a mother cares for her body so her child is healthy. In order to have mental health, you must ensure you're meeting your own expectations — not just the ones others create for you.

Sagittarius (Nov. 22-Dec. 21)

Run for the hills! Just kidding, don't panic; that's the worst thing you could do. However, do stop and reflect on what you're doing. Are you communicating effectively? Are you sure? Often times, we hear only what we want to hear, especially when emotions are involved (yes, even you have them). It's not a weakness to ask someone what they meant instead of assuming.

Capricorn (Dec. 22-Jan. 19)

If a loved one is having a rough patch, are you being supportive? Maybe you're not really helping, but you're listening. If you are, keep up the good work. If you're not, reconsider your behavior. You don't have to fix the problem to help. Madame G suggests stepping back and looking at the situation objectively. If it's not an actual medical emergency, then stop and listen.

Aquarius (Jan. 20-Feb. 18)

You're in a precarious situation. You're on the verge of discovery while nearly succumbing to fear. People will often risk more to prevent a small loss than they will for success. In other words, people are more motivated by pain than gain. Consider your own motivations. What are you too afraid to lose? What are you too afraid not to do?

Pisces (Feb. 19-March 20)

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Falling “outs” are difficult, so instead, fall in. If you want an old friend or loved one back in your life, ask. If you find your loved ones aren’t communicating with you, consider the common factor — you. Don’t gossip. And don’t make demands. If your children are adults, they’ll tell you what you need to know when it’s necessary. Don’t pry. Your love will show through.