

Rituals have power and can assist us through challenging times. In Santa Fe, the burning of Zozobra or “Old Man Gloom” kicks off the Fiesta weekend. It’s a chance to put all your frustration, anger, and sadness into the puppet that’s lit on fire. If you can’t make it to the capital, consider making a ceremony of your own that banishes the gloom. Madame G wishes you well.

Aries (March 21-April 19)

You may feel a little stuck. Maybe you’re in a job you don’t really like or maybe the shine is simply wearing off. If you’re running low on the energy you had during the Spring — don’t despair. It’s actually good to slow down and reassess. What do you really want? Madame G suggests you take the time to figure out the answer. Good luck!

Taurus (April 20-May 20)

It’s challenging being a single parent or just “adulting.” Life is not always fair or easy. But that doesn’t mean you should give up hope. It usually means you should give up hope of control. If you’re feeling a little run down, try letting go. Let go of past hurt. Let go of anger. Let go of misery. You’ll feel stronger and wiser for having lived this portion of your life. You’ve got this!

Gemini (May 21-June 20)

Smile! But only if you feel like it. Nothing can feel worse than having everyone expect you to smile when you’re sad. Though you’re normally a very kind and cheery person, even you’re allowed a little human emotion like sadness or melancholy. Remember that this too shall pass. You’ve better things to do than regret. Take time for yourself, and remember, you’re only human.

Cancer (June 21-July 22)

Is your life dramatic? Look for the common factor, it might be you. It's easier to see the faults in other people. Sometimes it's too painful to see them in ourselves. By the same token, you may feel more vulnerable than usual. It's unlikely that you're really experiencing such careful scrutiny. It might be that you're looking for anger in others and finding it. Breathe deep and show kindness. Live well!

Leo (July 23-Aug. 22)

You're a hero among men and women. You can usually do what no one else can — or what they refuse to do. However, it's in your best interest to slow down. Even though you've a million and one projects, you'll help no one if you fall sick or hurt yourself. If you're hopping from one project to another, try sticking with one and doing it very well. You get the pleasure of accomplishment with the power of your valuable energy.

Virgo (Aug. 23-Sept. 22)

A new chapter is difficult and exciting. But you're just the person for the job. It's a wonderful time to reach into your circle to assist you. Do you have an artist friend who can mock up your company's new logo? Maybe you went to school with a content marketer or an accountant. Whatever the case, use your resources and thrive. Live long and prosper!

Libra (Sept. 23-Oct.22)

You may have faced some harsh criticism recently. It's never fun to be at the wrong end of a stick. You may even feel a little bruised. But just get up and dust it off. Your lesson isn't to take a beating like Nate Diaz. It's OK to occasionally duck the blows. Treat others as you would have them treat you. Spread kindness.

Scorpio (Oct. 23-Nov. 21)

The past couple of weeks have been interesting. You might even be ready to run for the hills. But a Scorpio doesn't run — they tactfully retreat or go down fighting. It's in your nature to keep on moving and fighting. Don't allow the judgements or opinions of others to prevent you from living your dream. Don't live someone else's life. Live your own! Remember, you're also the sign of the phoenix — you'll rise from the ashes. What's next?

Sagittarius (Nov. 22-Dec. 21)

What comes up must come down. If you've been putting good effort into a project, it will return very good results. However, if you've been neglecting your life plans, you may find that they appear a little neglected. You're at a crossroads and you must make a choice. There are consequences for each decision you make. Ensure the decisions are ones that you can live with.

Capricorn (Dec. 22-Jan. 19)

Reach out to your loved ones this week — they need it. It's always hard to watch a loved one suffer. But you can always offer your friendship and support. Try not to be judgmental or angry, allow them to have their own issues. You don't need to fix the problem — they may just need your ear. Love them!

Aquarius (Jan. 20-Feb. 18)

You're an idea machine. But you must take some sort of action. It'll probably hurt a little, too. All action will end with some negative results. Your plans will not go perfectly according to plan. That's OK! Sometimes you just have to improvise. You can do this. You've thought it through to the end and you're ready. Act now!

Pisces (Feb. 19-March 20)

Helping a loved one through a life event can be daunting, especially if they're not seeing the issue clearly. Don't push them into what you think is right. Help them come to the conclusion on their own. Be clear about your feelings and what you mean. But don't try to force your values on them. It's not your life — even if you're a spouse. Let them feel your love. Be kind!