Written by Gallupsun Staff Friday, 24 June 2016 05:25

Summer is officially here! She came in with a bang that included: a full-moon summer solstice. And the southwestern heat wave continues to disrupt our desert bliss. Madame G recommends staying hydrated. You may want to stay inside during the day. But at night, head outside and take a look at that sky. On June 25, Pluto will be close enough to see with the naked eye. Get ready for some fun! It's gonna be a bumpy ride.Aries (March 21-April 19)

Dear Aries, are you feeling emotional? You're a fiery sign and with the Sun in Cancer, you'll probably feel that everything is a little touchy feely. You have volatile emotions on the best of days. But, now you're experiencing a plethora of emotions. You might even experience guilt, shame, and pride all at once. Have no fear—that's what humans do. You may learn something new and loved ones may appreciate this softer side. Live on!

Taurus (April 20-May 20)

You'll be grateful for your tenacity and grounded-ness this week. While the other signs appear overwrought, emotionally unstable, and physically unsound—you'll trudge on. You'll wonder what the heck is going on. Yes, they're all nuts! Pluto rules Scorpio and heads closer to Earth causing distress along with the Sun in Cancer. Who knows what shenanigans people will pull. You do you and it'll be fine!

Gemini (May 21-June 20)

Look on the brightside: it can't get any worse! Psyche! Yes, it can. Here's the thing, when you make the situation worse than it is, then it will always be that—the worst thing ever. You must look at what is, not what could be, might be, or even what will be. You must look at life and yourself as is. Pull out the mirror and evaluate yourself. Are you happy? If not, what's the hold up? No more self-defeating behavior. You can do this!

Cancer (June 21-July 22)

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The Sun is in your sign this month. And it's wreaking havoc on the other relatively emotionally stable signs. Don't look so pleased with yourself. You're halfway between believing you have a high emotional IQ and knowing that you may have a few things to work on. Try it! What do you stand to lose? They've even put out a few books on the topic. It can't hurt.

Leo (July 23-Aug. 22)

You ready for this? Life is coming at you in several exciting ways. You could see them as problems or annoyances. Instead face them down like challenges and opportunities. You know there's a great deal for you to accomplish and you're so ready. It's up to you to take life head on: learn, live, and love. Enjoy it!

Virgo (Aug. 23-Sept. 22)

What inspires you? Maybe you listen to music and feel the melody seep straight through your bones. You might enjoy a good work out at the gym or creating masterpiece dishes in the kitchen. Whatever makes your heart sing do it—do it right now! Don't wait or worry about who's looking. Do it for you! Like Nike says: Just do it!

Libra (Sept. 23-Oct.22)

Don't be afraid of a good cry. Get it all out! Let it pull you to your knees and make you beg for freedom. Then just let it go. You're free! Now is the time to move onward and take care of yourself. Practice the art of emotional resilience this week. You can't grow if you don't pull out a few mental weeds. It's painful now, but you'll notice the difference in four to six weeks—just keep at it.

Scorpio (Oct. 23-Nov. 21)

Well, that was one way to start. Madame G suggests re-focusing your thoughts and redirecting

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your actions. However, they only require a few minor adjustments. This may come as a surprise to you, but you're only human. Do your best and take pride in what you do. Aim for excellence and achieve greatness. Look to the stars, as your planet takes to the sky guiding you. You'll land with purpose and strength at your destination.

Sagittarius (Nov. 22-Dec. 21)

This week will be one of change and potential confusion. You're doing your best and making the most out of a difficult situation. Hang in there! Don't fall back to old unnecessary patters. It's your job to care for yourself and make happiness happen. Madame G suggests taking the journey one step at a time. It only seems impossible because you've never done it before. You can do this!

Capricorn (Dec. 22-Jan. 19)

You're feeling more pressure and anxiety than usual. It may be the assault of the water sign Cancer along with the pull of Scorpio's ruling planet: Pluto. This may seem like an emotional time and it is, but you're likely making it harder on everyone else and yourself. What are your intentions? Do you want to be happy or right? Madame G suggests choosing one. And FYI there's a right answer, but you must choose it wisely.

Aquarius (Jan. 20-Feb. 18)

Enjoy the summer sun and the glorious warming rays. You're capable of so much more than you think. Do yourself a favor and swim with dolphins and take a walk in the rain. It's in your best interest to learn to walk a little on the wild side. Take a few calculated risks and enjoy the time you have with friends and loved one. Have fun!

Pisces (Feb. 19-March 20)

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Madame G suggests that you share your opinions with your family and friends. But, it's wise to share them softly. There's no reason to destroy others in the process of speaking with them about a few flaws, or ten. Show love to your family with smiles and grace. Warm their hearts by first granting peace to yourself. Shalom Alejem!