Written by Gallupsun Staff Friday, 17 June 2016 05:03

In the face of a tragedy, it's easy to forget that not all human beings are evil. There is good in our world when we look for it. Consider this sage advise from Mr. Rogers: "When I was a boy and I would see scary things in the news, my mother would say to me, 'Look for the helpers. You'll always find people who are helping." Madame G suggests you do the same, look for the helpers or even better — be the helpers!

Aries (March 21-April 19)

Every once in a while, the world experiences the joy of a true leader of positive change. These interesting figures grace us with the knowledge of what we already knew to be true, but say it in such a way that helps us understand. You may feel very frustrated, Aries, but as Mahatma Gandhi said: "Be the change that you wish to see in the world." Don't expect others to be any different — the change must begin with you and me.

Taurus (April 20-May 20)

Dear Taurus, you're full of conflicting thoughts and feelings. Really, it's hard to separate fact from fiction. You may care for someone without requiring romantic love, or you may find that a long-time friend is more than a friend. Maya Angelou said: "Love liberates, it doesn't blind." Experience the greatest inspiration and eye-opening experience through love and don't let your heart, or fear, fool you into believing falsehoods.

Gemini (May 21-June 20)

The tragedy in Orlando likely has your sensitive soul — and kind heart — a little bruised. It's hard to accept that such hatred exists in the world. Madame G suggests you take this time to seize the day. Don't let your loved ones leave without knowing your true feelings. As Heather Stillufsen said: "Today, make it a point to tell someone you love them while you have the

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chance."

Cancer (June 21-July 22)

Remember, dear Cancer, it's important to be conscious of your motives and actions. Mother Teresa said: "It's not how much we give but how much love we put into giving." Your actions speak louder than words, but your silent passive aggressive actions speak even louder. Consider looking deep into your heart and asking yourself why you feel angry; accept it; and slowly and gently let it go. You'll feel a million times better.

Leo (July 23-Aug. 22)

A great heart usually follows a great soul. You have both. It's important to show love for those who've hurt you and possibly misused your goodness. Don't hold onto your grudges; they only harm you. Vincent van Gogh said: "There is nothing more truly artistic than to love people." Find your inner creative and paint your love of humanity. The world needs more artists just like you.

Virgo (Aug. 23-Sept. 22)

You've got quite a few things running through your mind. It's been a busy few years. However, it's up to you to make life better and happier. This is not your significant other's job. No one can save you, but you. You're capable and worth it! Stephen Chbosky said: "We accept the love we think we deserve." What do you deserve? Happiness belongs to those who find it.

Libra (Sept. 23-Oct.22)

It's important not to let love pass you by. When you find someone who makes your eyes shine with laughter, don't let go. Take a moment to appreciate the experience and show love daily. When you look back on your life, you'll want to say, like Edgar Allen Poe: "We loved with a love that was more than love." Have no regrets. Live and love fully. For that is a life worth living.

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Scorpio (Oct. 23-Nov. 21)

You're a passionate creature. You're also completely misunderstood, often vilified, glorified, and perhaps at times despised. You're an honest mixture of good and bad, much like everyone else. Does your confidence drive people mad? Perhaps you're just the most tenacious person in the room. Whatever the case, your tender heart is plagued with jealousy. Learn to let go. Alexander Groseth said: "Perfect love is within your reach! Only you have to remove jealousy, expectations, prejudices, and greed from what it is that you call love first." Take the first step and you'll find it.

Sagittarius (Nov. 22-Dec. 21)

Sometimes, you find that coldness is easier than affection or emotion. After all, silly emotions wreak havoc on your hair, what with all the times you run your fingers through it. Love isn't easy, and relationships require work and commitment. However, the end result is a lifetime of meaning. Pope Francis said: "Don't be afraid to love. Don't be afraid to be tender." You'll regret a life devoid of love.

Capricorn (Dec. 22-Jan. 19)

Capriciousness is a loosing battle — it'll unfold and hurtle back at you 10 times your own weight. Are you prepared? Remember these wise words: "You've got a broken heart, not a broken life. You've got a broken dream, not a broken future." It's up to you to find your purpose and meaning. You're as capable and deserving as anyone else. Your life is special — live it!

Aquarius (Jan. 20-Feb. 18)

We all need a theme in our lives. It may change direction or head away from people, but it should remain consistently us. What's your life's mission? Sometimes, it's the simple wisdom that works best. We don't always have to reinvent the wheel. William Shakespeare said: "Love

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all. Trust a few. Do wrong to none." Our lives may be short and seemingly insignificant, but to follow this direction seems the most significant conscious act we can make.

Pisces (Feb. 19-March 20)

Life is short, and the recent tragedies seem to highlight the pain and suffering in the world. You may feel burdened by the weight of this loss. We can't change everything. But we can love the ones in our lives. They're not perfect and we're not perfect, but imperfect love is beautiful, too. "Hold onto the one that makes you smile." And don't let go.