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Mercury rules the planet Gemini, which has taken center stage this month. Naturally, this is the planet of communication, intellect, and awareness. Take stock of your emotional and physical state. What is the ROI (return on investment) of your emotional and physical self?

Aries (March 21-April 19)

Patience is indeed a necessary virtue. You must practice self-control in order to achieve the goals and dreams you have. Action is an admirable quality, but finishing a project is also a worthwhile endeavor. If you truly hate certain elements of a project, learn the art of delegation. Use your charm and communicate your needs with those who can help you.

Taurus (April 20-May 20)

If you don't ask for help then you'll never receive it. People are not mind readers and you really are the best person to explain what you want from a given situation. Don't underestimate your ability to work out a challenge in communication. Difficult conversations are scary, but if you choose not to react you'll come out on top.

Gemini (May 21-June 20)

Your need to explain is almost overwhelming. It's important to you that you demonstrate your enthusiasm and no one doubts that it exists. You may temper this with serious reflection and contemplation as you figure out how to tackle your next big step. Share this information with others. You never know who will benefit from your insight.

Cancer (June 21-July 22)

You'll never know what you can accomplish until you try. It's often difficult to step out of our comfort zone. In fact, it's terrifying. You may resist at first. The shell of the crab is not easily cracked. But, you'll be grateful that you didn't lower your expectations or standards. All good things come to those who wait and, in turn, accept the gifts given to them.

Leo (July 23-Aug. 22)

Enjoy the beautiful world around you. Take a long drive with the dog, or pick up that delicious book you've put on hold. It's never too late to start a new project or try something new. You may be heading into an even more interesting time of life than you first imagined—self-discovery. Don't be afraid to embrace the new you, with your whole heart.

Virgo (Aug. 23-Sept. 22)

Work may have you down right now, and your frustration with your career opportunities inspire ire. Use that energy to emerge from your comfort zone and become a beautiful butterfly. Perhaps it's time to move to a new city, start a new job or career path, or just learn something new. Whatever it is that you MUST do, don't wait. Act now!

Libra (Sept. 23-Oct.22)

Summer is just around the corner and you're ready for a family vacation. It's merely a matter of where and when. Will you choose the staycation or fun by the beach? It's always fun to plan and scheme. Use the motivation to help you energize. Allow the fun energy to incorporate itself into your work and family life right now.

Scorpio (Oct. 23-Nov. 21)

Anxiety is a beast of burden and it doesn't suit you. Your current situation (for better and worse) is not permanent. Learn all that you can from those around you. Adopt a permanent student mode. Do you have a mentor? What about the anti-mentor? Don't react. Sit forward with a notepad and write down each and everything that you can.

Sagittarius (Nov. 22-Dec. 21)

You've been sluggish in a few endeavors, but you know what you're doing. It's in your best interest to learn more about yourself and act less selfishly. You're an independent spirit. But, if you have lives depending on you then there is no excuse for laziness. Educate yourself as much as you can. Visit the library, read articles online, and take a course or two.

Capricorn (Dec. 22-Jan. 19)

You don't control the universe or other people. If you want something done, you may ask your spouse, friend, or kids. But, if they do it their way and it's not good enough, consider not remarking on it. The best way to cultivate bad behavior is to kick someone when they've offered their time. Treat everyone (even your kids) as volunteers.

Aquarius (Jan. 20-Feb. 18)

You'll appreciate the Sun in Gemini this month. Your fellow air sign is leading the charge with open communication and awareness. This may strike all the right cords with you. Use it to your advantage and speak with loved ones about the ideas and challenges on your mind. Share with others what you've been thinking on for sometime.

Pisces (Feb. 19-March 20)

You'll appreciate plenty of long walks and vacation planning this month. It's up to you to use good judgment when dealing with family this coming year. Watch what you say. A loved one doesn't understand your change of heart or sudden need to communicate. Perhaps you should take them through your thought process.