Written by Gallupsun Staff Friday, 08 April 2016 04:26

As you finish up loose ends and projects that have been lingering and causing stress, don't forget to look ahead. Lau Tzu said: "The journey of a thousand miles begins with one step." What is your first step? Will you arise early everyday to work out? Perhaps you wish to start your own business and have already started planning. Madame G suggests chasing your dreams with the first step before time eludes you. Go now!

Aries (March 21-April 19)

Are you lonely? Sometimes, life appears unfair and forces us to evaluate who we are, whether we want to or not. If you've never tried to be alone now is a good time. Develop those skills you believe are lacking. You don't have to spend thousands on a formal education. Instead, visit the local library or search online. There are free programs that will help you get there such as, Coursera and Con Academy. Try it out.

Taurus (April 20-May 20)

You may start to see reoccurring patterns in your relationships. Do you settle too quickly for a seemingly good idea? Perhaps you think you're not worth something better. Whatever the case, look deeply at your relationship and yourself. Does this person or friendship help you grow? If you feel drained after each encounter this may be a good time to start fresh. Madame G believes that you're worth more than you think.

Gemini (May 21-June 20)

Life has a way of tying us up in knots. It's hard to see through people with malicious intent who are out to get us. You may not always see it coming. Consider the wise Chinese proverb: "Fool me once, shame on you; fool me twice, shame on me." You don't have to look for the double meaning in every human interaction. But, be aware of patterns, especially among those in your

Madame G. Guide to the stars WEEK OF April 8-14, 2016

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inner circle. If it looks, acts, thinks, and feels like a snake—it probably is a snake. Don't get bit a second time because that's on you.

Cancer (June 21-July 22)

Supposedly, according to the FBI the sign most likely to be a Serial Killer is you. Unlike Scorpios who're cold and calculating and the sign most likely to be an assassin—Cancers commit crimes of passion. Don't be a statistic. Try mediation and yoga. If that doesn't work stop judging life based on other people's success. In other words, cut out the green monster of envy. Jealousy doesn't own you and green really isn't your color.

Leo (July 23-Aug. 22)

You love helping others. It may well be your superpower. And really, isn't that the quality of all Superheroes—they want to help. Madame G suggests getting your feet wet in local organizations from the VFW to Donation Match. You could showcase your talents to the world and provide much needed in-kind donations to local non-profits. You could be a real superhero to someone in need. Get out there and do some good.

Virgo (Aug. 23-Sept. 22)

Are you appreciated at work? If you find yourself becoming a jack-of-all-trades and master of none, you may want to take a step back. It's great to learn new things, but experience and mastery come from clear, eagle-eyed focus. If you want to succeed don't do it all. Learn to delegate efficiently. You may give up some control and you may have to teach someone else how to handle it. But, you'll find that you're happier. You can do it.

Libra (Sept. 23-Oct.22)

Does your heart scream Gucci, but your wallet says thrift store? Consider this dilemma an

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opportunity. Thrift stores can have incredible finds. You may discover a barely used Burberry bag, or soft patent leather shoes, for a steal. If you don't love them, sell them on EBay or Etsy. You might just make enough for those Gucci shoes or a trip to Hawaii. Give it a try and let's see what you can do.

Scorpio (Oct. 23-Nov. 21)

Free yourself from self-doubt this month Scorpio. The only thing you have to fear is fear itself. Don't get hung up on holding a grudge or staying stuck. Past mistakes are in the past. Move upward and onward. The greatest part of life is yet to come. Take a page from Google Maps, envision your path and set your course. Plan out your goal and destination. If you get a little lost who cares, you can always make a U-turn. You've got a date with destiny. Go forth!

Sagittarius (Nov. 22-Dec. 21)

Do you have forward moving plans? Even tiny goals are global, if you work with your friends. Keep yourself motivated. If you love hunting, show a friend who's never been how to go through the process. Teach him/her the basics: from gun safety to tracking. For all you know that'll set you on the path to your most important goal—independence. You may even discover your passion and a small entrepreneurial business.

Capricorn (Dec. 22-Jan. 19)

If you've always wanted to own a small antique shop or side business, take some time to plan it out. Your local Chamber of Commerce offers classes and resources that are likely free. The library has books for researching how to start a small business, and will offer online assistance as well. Write down your goals. Look at how much money you'll need to start. In a clear concise fashion, map out how you'll get there, step-by-step. You might just surprise yourself.

Aquarius (Jan. 20-Feb. 18)

Madame G. Guide to the stars WEEK OF April 8-14, 2016

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The path to greatness is carved in two directions: good or ill. You can't achieve great things without choosing a path. Consider superheroes, they're either very good or very bad. Normal human beings are often a combination of both. What are you? If you'd like to make an impact remember that even small efforts can produce great results. Take action and do your part. Be great!

Pisces (Feb. 19-March 20)

Your soul is always searching for something. It may be happiness, fulfillment, or love. The problem is that when you search outside of yourself, you'll never find it. It's not at the bottom of a bottle, Louis Vuitton wallet, or a designer handbag. True happiness comes from wanting what you have and taking responsibility for your actions. Learn to be less of a consumer and mine your happiness from within.