

***Madame G suggests taking a deep breath: HALT. If you're hungry, angry, lonely, or tired pause before you respond. Saturn enters retrograde today and that mixes everything up. It's always better to regret not saying anything than to regret having said too much. Focus on your tasks and take time to finish up any lingering projects. You'll be glad you did.***

***Aries*** (March 21-April 19)

Your forceful personality has a way of overpowering some and overwhelming others. It may feel powerful to use your anger, though mild it may seem to you, but it may terrify everyone else. This may cause more damage than you realize. Instead learn the art of silence. You won't die because of it. It pays off long term and you won't regret it.

***Taurus*** (April 20-May 20)

This week may feel like you're backpedaling on a stationary upright bicycle. Basically, you may feel like you're going nowhere fast. Have no fear it's not just you. Retrograde has a way of slowing us down and forcing us to use our heads and use caution. Approach new projects slowly and aim for accuracy and precision. You might just enjoy the results.

***Gemini*** (May 21-June 20)

Does your heart need a break? Maybe you need a heartbreak or two. Well, spring is in the air. Madame G suggests living out your fantasies. It's not advised to start new projects or even lasting relationships right now. But, who says you can't have a little fun. Enjoy yourself—you've earned it. Take time to focus on your mental and physical health.

**Cancer** (June 21-July 22)

At your core and center, you're a sensible person. So, if someone asked what's your super power? You'd say... Consider the ridiculous for a moment. You may have worked yourself into a logical corner. For instance, you may be so practical that you bought a horse and are trying to teach it how not to eat. This is the path to failure. Use this time to embrace opposition and listen carefully. You'll be amazed.

**Leo** (July 23-Aug. 22)

It's challenging to watch the ones you love suffer in silence. If it were you—you'd roar until someone listened. But, not everyone has your charm or talent for communication. Sometimes, the only thing you can do for someone is listen and be there for them. This will work against the Leo nature, but remember this is for their needs not your own. Push your ego aside so you can really help them.

**Virgo** (Aug. 23-Sept. 22)

Focus on your needs and that of your friends, family, and significant other. If you're single, go out and mingle. Have fun! If you're in a relationship recreate the romance. Take your loved one on a spontaneous dinner for two—it doesn't have to be fancy. Try doing something thoughtful that will make their day easier. You could fold the laundry or do the dishes. This might just be the ticket for a lovely week. If not, you tried. Enjoy!

**Libra** (Sept. 23-Oct.22)

Lovely Libra, don't focus on those adorable shoes on Wink.com. Instead shape your week around healthier living. Target the three separate, but equal parts of your being: heart, mind, and body. Spend time with your loved ones. Try out a new hobby that challenges your body like kickboxing, yoga, or running. Learn a new skill that you've always wanted to try. By focusing on experience rather than possessions, you'll feel happier. And then maybe you won't need the shoes or maybe you will.

**Scorpio** (Oct. 23-Nov. 21)

If your boss randomly proclaims in a meeting that: “you take a hit like a champ and still keep on standing,” it might strike you as odd, especially if you’re not a professional fighter in the UFC. But, it means that you’re probably the owner of the most odd compliments award. At least you know they’re genuine. You may take a hit, but it never gets you down for long. Stay strong!

**Sagittarius** (Nov. 22-Dec. 21)

You’re indecision and seeming selfishness are well known. It may seem unfair at first, but the key issue is communication. Are you expressing your opinions clearly? Your family members require your honesty and some insight into your future plans. They aren’t acting crazy when they simply want to know. Try telling them before you act in a seemingly irrational way. Their response may surprise you for the better.

**Capricorn** (Dec. 22-Jan. 19)

Your stubborn nature leads to some uncomfortable situations. If you feel that you’ve alienated friends, family, or loved ones try changing up your strategy. You won’t win congeniality awards based on your ability to fly off the handle. Each day try taking a breath before you say anything. When you feel angry take a long walk. Take as much time as you need. You may want to practice mediation too.

**Aquarius** (Jan. 20-Feb. 18)

You’re the visionary of the Zodiacs. Though not as notorious some of your fellow air signs you still pack a punch. This week you may notice that your vision is foggy or muddled and the ideas refuse to come. Madame G suggests that you edit your writing or projects instead. You may have forgotten something or missed a step. Check carefully and move forward slowly.

***Pisces*** (Feb. 19-March 20)

You've been working hard to repair broken bridges just don't be surprised if not everyone is receptive. Even if you bake a full chicken for your children or friends with all the trimmings—they may not enjoy it. Sometimes fits of temper have a way of biting you in the long run. Most people don't forget or forgive easily. Give it time and let them run through their anger, but don't retaliate. Let the cycle of violence end.