Written by Gallupsun Staff Friday, 05 February 2016 04:11

The sun is still fully in Aquarius. It's the perfect time for intellectual pursuits, political debates, and creative endeavors. Your efforts may require assistance from friends or fellow idea generators, but that works in your favor. Collaborate this week especially in the work force and challenge the status quo. Madame G sees great things ahead.

Aries (March 21-April 19)

Your mind works fast and your actions are faster. But, this week you feel pulled into indecision. Stop warring with yourself Aries. Your greatest enemy is you. The path you've chosen is yours for better or worse—own it. Don't try to play the "what if" game. Stick to the plan and pour yourself heart and soul into the project. You'll be glad you did.

Taurus (April 20-May 20)

Dreams are your special friend and indulgence. But, lately you feel some strain in that area. Is sleep slow to come? Insomnia is a bear and you've barely made it through the day. Before you reach for the Ambien, check your health. There could be some underlying cause for concern. If it's anxiety learn to meditate daily and reap the rewards.

Gemini (May 21-June 20)

Hammering out the details is not your favored activity. You'd rather provide the big ideas and communicate plans. Remember that all great journeys begin with the first step. Sometimes you have to get down and work or shovel snow from the driveway. Don't slack! But, don't let others take advantage of you either. Find the middle ground.

Guide to the stars WEEK OF Feb. 5 - Feb. 11

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Cancer (June 21-July 22)

The air is fresh and the days are getting longer. A few years ago, you made health a priority. Recently you've let it run away. If you don't run out and catch it—it won't return. Like searching for a lost pet, you must get off the couch and go outside. Take a walk around the block and wave to your neighbors. That's good cardio!

Leo (July 23-Aug. 22)

Feeling a bit nostalgic? You're not usually one to dwell in the past. Lately you've missed the good old days. It's good to look back once in a while and reflect that's Aquarius' influence, just don't get stuck there. Go out and make new and better memories. The best days are always ahead no matter where you're at in life, or where you're going. Move forward.

Virgo (Aug. 23-Sept. 22)

Virgo you're the only limiting factor to your success. Don't let your past dictate your future. If you're not happy then leave. It's not up to you to change others. If they can't grow with you, then it's not a relationship worth tending. Your fragile heart is afraid. Be brave! You're stronger than you think.

Libra (Sept. 23-Oct.22)

Bring your daughter to workweek can inspire you. Even if you don't have kids, consider how your actions will affect the next generation. We're all vested on this planet. Try spending less money on items you think you want. Buy quality items that you need. Shop local at your friendly farmer's market. Help your friends and family and learn to survive on less. Your wallet will thank you and so will the planet.

Scorpio (Oct. 23-Nov. 21)

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This week is looking up. Your projects got the go ahead. Your willpower alone pushes them forward. People just don't know what to make of you and try to take advantage. You're fiercely loyal to those you care about. But, don't waste efforts on the weak minded. Some people aren't worth it.

Sagittarius (Nov. 22-Dec. 21)

Getting strong while watching TV isn't impossible. You could run at the gym or at home. There are plenty of shows that teach you how to get stronger and work out. The world is your jungle gym. Start putting exercise into your daily existence. Walk everywhere that you can and jog when possible. You'll feel great!

Capricorn (Dec. 22-Jan. 19)

What a month, you're still reeling. But, then again you usually are because you're wound tighter than a 2-year-old with a rubber band. Relax and breathe. It's a good idea to start adding in yoga to you daily routine. Instead of heading to the local pub for a pint try a yoga class. You might make a few friends while you're at it.

Aquarius (Jan. 20-Feb. 18)

The blessed sun is still in your sign. The days are longer and brighter too. Have you made progress with yourself? Try working at a soup kitchen. Donate more time and energy to taking action. Help out a political or environmental campaign. Sink your teeth into something that you can believe in and take pride in your work.

Pisces (Feb. 19-March 20)

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Happiness is a shallow feeling and doesn't last. You manage to put on a big smile and fake it. That's not bad advice. Sometimes it's best to just fake it till you make it. However, at some point you really have to learn your stuff and be genuine. Learn to listen to your fears and take action on them when necessary. Otherwise you're spinning your wheels.