

On January 24, we'll experience a full moon. According to the Farmer's Almanac, some Native American cultures refer to this as the Wolf's Moon. Legend claims this is a time when hungry wolves come out to wail at the moon. Madame G suggests releasing some tension. You don't need to wail at the moon just hit a pillow. It won't do any good, but you might feel better.

Aries (March 21-April 19)

Are your efforts working against you? Perhaps you're running uphill on a treadmill with a bolder. You may even feel like howling at the moon. It won't do any good. It may relieve some stress and make you feel better for a short time, but it's not permanent. Work on meaningful projects and be proactive. Patience is a virtue!

Taurus (April 20-May 20)

Your dog may have a grand scheme that explains why she should go in and out of the door 50 times, but you don't. This may be a metaphor for your life right now. Your efforts are wasted going back and forth like a Ping-Pong ball. Take a moment to slow down. Remember this wise advice: "lack of planning on your part doesn't constitute an emergency on my part." Don't let others destroy your peace of mind.

Gemini (May 21-June 20)

You may be thinking that your current situation is for the birds. Keep in mind that everything and anything can be challenged and changed. If something isn't working immediately that doesn't mean that it won't work out eventually. You may feel as if your fighting a bureaucratic storm of indecision, but with a little nudge you'll get where you want to be. It may take time, but you'll get there.

Cancer (June 21-July 22)

People around you may seem like they're a chronic hot-mess, but you may not have all the facts. Life is full of surprises. There's goodness and kindness in the world too. It's amazing that people generally see what they want to see and it's rarely the truth. Look towards the middle and extrapolate the truth. The world isn't perfect and neither are you.

Leo (July 23-Aug. 22)

You may feel winter's heavy weight this season and it's exhausting. You find inspiration in the moon and this one takes the cake. It's hard to keep you down Leo, but you're not made of steel. Your ego is usually just a show. Deep down your terror of failure and loss only matches Scorpio's lust for revenge. It may hurt to acknowledge your failings, but courage comes from learning from them. Be brave!

Virgo (Aug. 23-Sept. 22)

You're at a loss for words. Sometimes, people are just so rude. You're ready for the challenge. It may be as dangerous as pulling a skier behind a horse on an icy lake, but you'd do it just to see the look on their face. As a perfectionist, any task you set for yourself is bound to succeed. You just have to want it. Madame G says go for it.

Libra (Sept. 23-Oct.22)

The winter days are cozy and warm inside your home. You feel less inclined to move yourself from comfort. However, it's in your best interest to take action. Use your words and remember to pursue your passions with a relentless fervor. If you don't support your dreams then no one else will either. Make time for them and move it.

Scorpio (Oct. 23-Nov. 21)

You're experiencing some added push back. This upsets the Scorpio ego. Take some advice from Disney's Mulan, "no matter how the wind howls the mountain cannot bow to it." There are times to use force and times to strategically step back and reassess your advantage. This isn't failure. You'll get your way—it just requires patience.

Sagittarius (Nov. 22-Dec. 21)

Your sign is prone to injuries perhaps more than any other. It may be your carefree attitude or a tendency to create issues for yourself. Madame G suggests taking the reigns in regards to your health. Stop all bad habits such as smoking and fast food. You may consider going dry this month. Who knows, you may surprise yourself.

Capricorn (Dec. 22-Jan. 19)

The sun is out of Capricorn this month. Hopefully you're tackling a few of those New Year's resolutions. Attempt to clean up old issues and accept those that you can't change. Instead of recreating yourself learn to care for yourself emotionally. This requires more than getting your nails done or buying more things. Calm down and learn who you are as a human being. Don't be scared—you're pretty neat.

Aquarius (Jan. 20-Feb. 18)

The sun slips into Aquarius with a vengeance. This past week was difficult. Many great names were lost to cancer and disease. It seems as if the discomfort in the world is growing. The divide between rich and poor is greater than ever. Now is the time of Aquarius. Madame G suggests taking a stand and using your voice. The world is calling.

Pisces (Feb. 19-March 20)

Guide to the stars WEEK OF Jan. 22 – Jan. 28

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You're fear doesn't become you. It also doesn't serve any purpose to rehash old grievances, or 15-year-old problems. You've made mistakes and it's time to face up. It's easier to project blame than to accept responsibility. Growth requires learning from what you've done wrong and moving onward. This is called life and the beginning of wisdom.