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According to the Farmer's Almanac, the stars don't just appear brighter during the winter — they're brighter. Summer's warm weather has more moisture and creates a hazy sky, but the long cool nights of winter literally open up the sky. In New Mexico, we're lucky to experience brilliant skies all year round. When you feel drained, look up towards the sky and allow winter's crisp, clear, skies to shine light on your path.

Aries (March 21-April 19)

Your hard head breaks through glaciers and your purpose driven nature is enviable. However, in an attempt to recreate yourself you're breaking others down. This isn't the mark of a great life, but a weak one. Reevaluate yourself and keep that temper in check. You can only push a friend or loved one so far before they crack, causing irreparable damage. In the words of Ice cube: "you better check yo self before you wreck yo self."

Taurus (April 20-May 20)

You're looking forward to moving forward. Perhaps you stayed in an unfulfilling relationship for too long, or in a soul-sucking job. Fear is a powerful force and it takes an overwhelming amount of patience to kick bad habits. Do your best. Life patterns don't adjust all at once. Implement small changes daily and try to think one positive thought a day. If you start now, you'll have at least 300 positive thoughts by the end of the year.

Gemini (May 21-June 20)

DKeep it up Gemini, your moving fast and potentially reaching that burn out phase. But, you're not there yet. Your energy levels are greater when it involves projects you love. Embrace your passions. Reflect on what you can change and learn to accept what you can't. Quitting isn't failure when it serves your ultimate goals and dreams. Carry on!

Cancer (June 21-July 22)

Negative emotions are killing you and they don't become you. Reality is a messy place, but it's the best we've got for now. Sometimes hard truths make us stronger. Embrace change! Reflect on these wise words: " God grant me the serenity to accept things I can't change, courage to changes the things I can, and wisdom to know the difference."

Leo (July 23-Aug. 22)

You've had a few challenges with your health. Maybe you had a surgery or career change that took more energy than it was worth. The good news is that it'll transform you into a beautiful butterfly and your glorious energy will return. Remember patience is a virtue, or so they say. It's important to remain vigilant with yourself because it's time for fun.

Virgo (Aug. 23-Sept. 22)

Jump up and take care of yourself, ASAP. As a giver, you're liable to give more than you get back. That's not ultimately bad. The world is full of givers who win and plenty who lose. The world needs selfless individuals like nurses, waiters, and teachers. But, you need help too. If you don't take care of you, who will? You're the best giver you know.

Libra (Sept. 23-Oct.22)

Your sense of style and pizazz are renowned and maybe misunderstood. Madame G suggests taking control. It's in your best interest to let go of toxic people and behaviors. They bring bring unnecessary stress into your life like soul-sucking emotional vampire demons. Kick the suck-ers out of your life.

Scorpio (Oct. 23-Nov. 21)

How much are you to blame? It's always good to question your own motives in any given situation. You can't change someone else's behavior. You only have the power to change your own. If someone is misusing or abusing you mentally or emotionally, don't get in too deep before you crack. Discernment is evaluating the difference between behaviors that require change and someone else's baggage. Good luck!

Sagittarius (Nov. 22-Dec. 21)

Looking at the stars is wonderful. You've taken the time to rejuvenate and you're feeling powerful. It may be difficult to find a job in this climate, but not looking will make that even harder. You may have felt it was a good idea to cash in that hard-earned, 10-year-old 401K, and it might have been necessary. But, you're starting over. You won't have it for retirement. Plus, you'll owe a ton in taxes. This year requires swift evaluation.

Capricorn (Dec. 22-Jan. 19)

Your work life balance is out of whack. But, you only have yourself to blame. It's up to you, to manage your own time. If you can't or won't stand up for your personal wellbeing no one will. It's your choice to live now or never. Madame G hopes you choose now. It's your time Capricorn. Show no fear, even if your hands shake. Like Nike says: Just do it!

Aquarius (Jan. 20-Feb. 18)

Stars are bright and the philosopher jumps at the chance to learn and explore. Your adventures of the mind are your greatest comfort and joy. Intellectual adventures are so much easier than people. But, human beings are more than just a mind or body. You must eventually take action. It's probably best that you act now—you've planned enough.

Pisces (Feb. 19-March 20)

Your energy is up and you're ready for more. But, it seems like others are resisting. Did a friend not accept you on Facebook? Maybe a former employee hasn't accepted your LinkedIn request, or your daughter-in-law dodges your calls. It's good to evaluate how you come off. Put your stink face in the closet and let it go. Don't worry be happy!