

Leo (July 23-Aug. 22)

Now that we are in the New Moon, Leo, you have to work on letting go of balls and chains that hold you back from being productive. Such as that daily \$10 per day designer energy drink habit. It gets you so hopped up that you think that you can do trick dance moves that otherwise would be reserved for someone in tiptop shape. Avoid injuries, out with the old and in with the new.

Virgo (Aug. 23-Sept. 22)

If there is a God Zeus, he's likely a happy deity, blessing us with rainstorms, thunder and lightening. Virgo, consider any recent setbacks as storms that you can endure and that will pass, leaving your knowledge pasture all the more greener. Consider chaos your friend, a learning experience. But don't be fickle and forget this lightening bolt of wisdom.

Libra (Sept. 23-Oct.22)

This past week you may feel deserted by so-called friends. It's tough when you're trying to have a summer to remember. The harder you try, the more likely you will run into the vampire types, eager to suck you dry of energy. Don't let energy vampires take your happiness away. Imagine an imaginary bubble – a crystal ball – protecting your valuable, positive energy from suckers.

Scorpio (Oct. 23-Nov. 21)

The New Moon has finally arrived Scorpio, to help lift you from your fog. You're free to focus on your workout regimen, your career, getting the kids squared away for back to school if you own such creatures, and to get that massage you have been hankering for. Whatever your focus, you can proceed with the clarity of new glasses. You see everything well and you're centered.

Sagittarius (Nov. 22-Dec. 21)

If you're a cowboy or cowgirl, then you must have dominated the rodeo. Not familiar with the young man that won the high point, all-around Ceremonial Rodeo trailer, but I bet a "Sag" was a contender for sure. Like a true champ, you have tenacity and focus. If you're not feeling confident due to an overly sensitive demeanor, push yourself to try something new.

Capricorn (Dec. 22-Jan. 19)

Even Capricorn feels despair from time to time. Maybe you didn't get into the classes you wanted this semester or get the haircut you desired. Relax, these feelings of despair are temporary. What underlies the dark mood, is perfectionism. Lower expectations and ask yourself, "How important is it that I let little things consume my happiness?" Now smile and move on.

Aquarius (Jan. 20-Feb. 18)

Feeling under the microscope these days? It's not any fun to be evaluated, despite what employers or self-help gurus may say. Although some insight from other folks doesn't hurt matters any, if Aquarius is feeling sensitive, which is likely the case with you under the New Moon, your feelings are likely to get hurt. Pamper yourself ... water bearer needs a new pair of shoes!

Pisces (Feb. 19-March 20)

Pisces is the king/queen of his/her environment. Maybe you're trying to get caught up on some work at the Safeway Starbucks, and this lady starts doing her yoga moves with her back facing you. She kicks up a leg to pull it back for a stretch. She doesn't hit you, but you don't want to see the bottom of her dirty shoe. You ignore her, looking the other way – like a true and tolerant sage.

Aries (March 21-April 19)

Hope is in the heart of Aries these days. Everyone is getting ready for the fall, even though it's still summer. You're sensitive to the change of seasons and looking forward to what the future brings. To escape, read a book, perhaps some old literature like Sherlock Holmes or Dracula. It will enrich your mind, and get you out of town with having to leave your home.

Taurus (April 20-May 20)

No energy bar or drink or high priced coffee drink is going to zap you with the motivation you need to get your rear in gear. Lift your bull-head high and prance like the fighter that lurks inside, but got away because of summer time blues or partying. Don't think about it or you'll freeze. Just start taking the necessary baby steps and you'll be rocking and rolling in no time.

Gemini (May 21-June 20)

Gemini is happy to please others, but it's getting to the point of exhaustion. It's not like there is really two of you, but sometimes you behave like you have super twin power energy and can be there for everyone. Get real. There isn't enough time to do everything you want and do it effectively. Give the twin, in spirit, a break. Take yourselves to the mall, spa or for a pedicure.

Cancer (June 21-July 22)

Hi crab, it's not easy to make decisions to move forward, but that's what a New Moon is all about. Time to free yourself from the net of confusion and claw your way to clarity. It's time that you take some "me time" to contemplate the ocean of life. Often times, we go through the motions in life without really stopping to take time and evaluate our present situation.