

The Wolf Full Moon appears on January 10 and is named for - you guessed it - wolves. Wolves howl more during winter, but it may not be due to hunger. Their howl is a way to regroup and hunt. Madame G suggests you call on the power of the wolf to pursue your highest purpose. The only time we have is NOW. Don't wait for the right time to howl your song to the moon.

Aries (March 21-April 19)

Let go of hoarding! Discard old objects and embrace nothing. Emotionally, too. When was the last time you gave yourself the gift of a good, cleansing cry? This will be a release. All you need is gratitude and appreciation. Learn to cherish your time. Enjoy your life and share your wisdom. Bliss is possible!

Taurus (April 20-May 20)

If you find yourself in a funk consider trying hygge. It's Danish for cozy. Clean out the junk and bring in the warmth. Some big ideas that have been brewing in the back of your mind could surface, and Saturn can help you engineer them into a tangible reality. Something may have to go in order to create space for your next adventure.

Gemini (May 21-June 20)

What's up? Maybe you're heading down the right path and maybe you're not. Only you can tell. Whatever path you take it's important not to lose contact with friends and family. Remember that there are those in life who are there during the good times, but they're not there during the rough patches. Look out for the people who last. They're the ones you need in life.

Cancer (June 21-July 22)

Madame G guide to the stars Week of JANUARY 13

Written by Gallupsun Staff
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This is the year and the time to make a change. You can accomplish so much if you put your mind to it. Nothing short of your heart's desire will satisfy you. Make no assumptions about who does and doesn't have your back! Even the stubborn holdouts may lend support if they see how much a dream really means to you.

Leo (July 23-Aug. 22)

Your life is a maze. It's time to take massive action. Clear out as many non-obligatory items from your calendar as possible, so you can spend more time in flow state. Get lots of sleep. And watch for messages which may arrive in your sleep state.

Virgo (Aug. 23-Sept. 22)

Take charge of your emotions. You'll be glad you did. You're in the future now. Think about ways you want to move up in 2020. People who understand technology, social media, and digital marketing are the ones you need at your back in this new decade.

Libra (Sept. 23-Oct.22)

Do you believe in Karma? You'll soon realize that when you work on your own happiness, others follow. If you've been waiting to hear back about an interview or pitch, news may arrive within the coming two weeks. Focusing on the broad-reaching benefits of your work can make it easier to share and toot your own horn.

Scorpio (Oct. 23-Nov. 21)

This is the year of massive action. Your life is an adventure waiting for you. There are people out there who share your values and interests, even if it sometimes feels like you're "the only one."

Sagittarius (Nov. 22-Dec. 21)

Take time to discover what makes you happy and brings you joy. Put better boundaries in place so you will have more in your pocket and your retirement account. If you're an entrepreneur, seek a steadier flow of income instead of constantly reinventing the wheel.

Capricorn (Dec. 22-Jan. 19)

Take a long hard look in the mirror. You only have one person to blame for your unhappiness and it's you. Read new books, listen to podcasts, or simply try a new experience. If you're willing to put in the commitment AND the deep-diving exploration, you will quickly blast through any self-imposed barriers that have been holding you back.

Aquarius (Jan. 20-Feb. 18)

Look toward the future. Don't get bogged down in pettiness. You've a unique journey that no one else could accomplish, but it's up to you to find the path and live it. Take a realistic look at your to-do list and decide which things you can cross off. Explore where overextending yourself may be causing you to "leak energy."

Pisces (Feb. 19-March 20)

Value yourself enough to live a good life and be a good person. There is room for improvement everywhere and yet the most important aspect is self-acceptance. There's no better time to explore your outer limits and stretch beyond any confining edges. In doing so, you may discover the reaches of your own genius.