

Madame recommends that you sit down and write out all the wonderful things you'd like to do this summer. Reevaluate your life. What do you want to change? What do you want to keep? Expand your mind. Give in to your dreams and don't censor yourself.

Aries (March 21-April 19)

Sometimes it's tough to be the best. You may have high demands for yourself and your loved ones. But, it's important to stop and reflect. What are you pushing for? What do you need to accomplish in your life? If you're feeling unbalanced and out of focus, it's time to sit down and think about what you need in this world. Enjoy yourself. It's a new season with new possibilities.

Taurus (April 20-May 20)

What would you accomplish, if you believed in your own abilities? It's hard to see ourselves. We keep pushing for greatness and aspiring to be our most authentic selves. But, there is often a cost to this. It never ends. If you find that you're feeling depressed and that you've lost your mojo, take a moment to breathe and relax. Enjoy your life. It's the only one you have.

Gemini (May 21-June 20)

It's never too late to begin again or try again. You want to ensure that you're trying for the right reasons. You don't want to just keep pushing towards some unknown future. Take a break and breathe through the misgivings of your mind. This world is open to possibilities, if you keep trying to be your best self. You can accomplish anything. Good luck!

Cancer (June 21-July 22)

Don't be so hard on yourself. Be kind. Taking care of yourself shouldn't be a goal that you'll get

Madame G guide to the stars Week of JUNE 24

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around to “someday.” It’s the foundation of a happy and healthy life! You want to feel strong and limber and get your stress under control. If you’re having sleep or energy issues or your moods too frequently get the better of you, an underlying imbalance is the likely culprit. Over the next two weeks, get belated medical appointments on the books.

Leo (July 23-Aug. 22)

What will this season bring? It’s exciting to consider all the possibilities and push through boundaries. You can accomplish anything. Appreciate your body and your fighting spirit. Be kind to yourself. You will get everything done in the right time and in the right way. Push forward and shower those around you with love and appreciation. You can do it.

Virgo (Aug. 23-Sept. 22)

You do you! Don’t listen to the naysayers and those that want to bring you down. Enjoy your life for what it is. You don’t need to be perfect or change what you believe. Live your life as the most fulfilled person you can. Keep trying to understand those around you and keep striving toward your goals. You are loved. You are cherished. You are valuable. You can!

Libra (Sept. 23-Oct.22)

This is both a soft spot and a sore spot. You can keep lighting up the way, if you keep an open mind. Stop badgering others. There is no need to drag anyone around through insanity. The key is to stop procrastinating. You know the deadlines. You know there is something to do. Push forward and help your fellow human beings. Ease up.

Scorpio (Oct. 23-Nov. 21)

Don’t give away your time for free. There is no right answer, but you’re aware that you must take care of yourself. Do this for yourself and your family. Don’t get caught up in the fear. In fact,

back away from the fear and assess it for what it is: self-sabotage. You are capable of anything. You're not perfect. But, you are worthy of love and good things. Just do it!

Sagittarius (Nov. 22-Dec. 21)

You can't run or hide from your problems. Shutting down isn't much of an option either. Your family needs you. You may want to run for the hills, but life is so much more than no responsibility at all. In fact, no responsibility just means that you are somebody else's problem. Don't be a problem! Be useful! Be meaningful! Good luck, you can do this.

Capricorn (Dec. 22-Jan. 19)

Life is not about not having problems. It's about being able to stand up and face the problems with courage and understanding. Don't give up. You can keep pushing forward, if you want to. Consider how far you've come. Consider what you love. What do you need in this world? You can do anything you choose.

Aquarius (Jan. 20-Feb. 18)

Stop playing hot potato with your ideas. You can't just focus on yourself and forget everything else. It seems like a fine plan, but it will get you into trouble. Use your best judgement and make the best decision you can. At some point, you're not really thinking about the problem, you're just delaying the inevitable. It's called procrastinating. Stop it.

Pisces (Feb. 19-March 20)

So, you've changed your mind again and again. Trouble is you don't really know what you want. That's not always a bad thing. However, when you float through this world uncaring and unfeeling you miss out on all the possibilities in this world. Keep thinking and ask yourself, "What can I do to help someone else?" Don't be selfish.

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