

Enjoy a First Quarter Moon on May 11. Don't fret the small stuff. Keep in mind that there is ebb and flow to life. At times, you'll feel as if you're on top of the world. At other times, you may feel as if the weight is crushing you. Madame G wishes you well and encourages you to look deep within your heart for the answers. You are enough. You are everything you need.

Aries (March 21-April 19)

Dear Aries, patience is key. Don't keep looking for answers outside of yourself. Everything you need is within you. Keep an open heart and mind and you'll find that life gets easier. Nothing has to change for everything to get better. You're capable of living a good life. You have a good life. You are alive. You have a shot to do what you've always wanted to do. Good luck!

Taurus (April 20-May 20)

As a Taurus, you like to think things through before you blurt them out, but at least you'll be saying what you really feel instead of playing nice and being careful not to step on toes. While there will be plenty of fun and literal games, it's also a time to drill down on a project that needs premium fuel. Carve out the necessary time to finish those parts that have been waiting for your undivided attention.

Gemini (May 21-June 20)

Anything that isn't supporting your life is detracting from it, but toxic people have a funny way of sticking around until you show them the exit. With your ruler in this deeply emotional zone, you'll be more in touch with your feelings than usual, which can be disorienting for your cerebral sign. But those authentic urges are your best GPS! Follow your heart and be kind to yourself.

Cancer (June 21-July 22)

Start the journey by putting one foot in front of the other. This is a time to let your hair down, color outside the lines and allow yourself to expand and explore in areas where you feel stuck. The direct pathway to change is blasting through your comfort zone and trusting that you're in a safe and loving universe with people who've got your back.

Leo (July 23-Aug. 22)

The great lion is in need of a little support this day. Don't give up on yourself. Keep a clear focus on your goals and do what you can for those around you. Be a supportive ear and lend a helping hand when you can. This is how the world works. Give and you shall receive. Be generous with your time and spirit. Rewards will be yours and you'll appreciate them so much more.

Virgo (Aug. 23-Sept. 22)

Look into your heart and smile. You're a lovely soul that only requires a little order and trust. Don't be afraid to be vulnerable. This is not weakness. Your so-called weakness is also a strength. When you're vulnerable, you show the world the source of your strength. You don't need a tough shell if you're really tough. You're loved.

Libra (Sept. 23-Oct.22)

Liberate yourself, dear Libra. Don't give up on your dreams. The element of mystery will work in your favor during this clandestine time. It's fine to be a sympathetic ear or sounding board for friends and colleagues, but don't feel the need to respond in kind. Your ability to keep things on the down low makes you a good ally-and can prove to someone that you really can be discreet.

Scorpio (Oct. 23-Nov. 21)

Written by Gallupsun Staff
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Love yourself, Scorpio. This is often the hardest thing to do, as you are so high strung. That tough outer shell keeps you safe, but it also prevents others from recognizing that they've hurt you. It's not weak to show vulnerability. You're capable. There is nothing you need to hide from. You're a lovable person. Love yourself first and others will follow. Others will surprise you.

Sagittarius (Nov. 22-Dec. 21)

Spread the love, Sagittarius! You're the only one who can. You're a big-picture thinker, Archer, but for the next two weeks, the devil will be in the details. As analytical Mercury glides into pragmatic Taurus, you'll need to review anything (and everything) that you've been glossing over. Drill down and focus on the trifles that usually feel like a waste of time. In the process, you might just discover a game-changing flourish that takes your plan from good to great.

Capricorn (Dec. 22-Jan. 19)

Anger is a weakness that you can live without. Don't drown in your uglier feelings. Learn to acknowledge them and let them go. Sometimes, anger is justified. You may be angry. But, you can't punch someone in the face. Don't blame others for your poor choices, not even yourself. Forgive. Forgive. Forgive.

Aquarius (Jan. 20-Feb. 18)

Look deep into the heart of your struggles and give them a name. There is a reason the pain feels deep and unnerving. Don't shy away from it. When you walk through the valley of the shadow of death, you'll know who you are. Keep trying, dear Aquarius. Keep trying and you'll get there. To know yourself is the greatest gift you can give the world.

Pisces (Feb. 19-March 20)

Don't judge yourself or others. This will only result in heartache. We all make poor decisions.

Madame G guide to the stars Week of MAY 13

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We are all unlovable at times. Do your best to live the best life possible. With the thoughtful planet in physical Taurus, you might want to reduce your carbon footprint while getting more exercise in. Walking more, or getting serious about cycling, could be a game-changer for you and the planet!