

Madame G guide to the stars Week of MARCH 4

Written by Gallupsun Staff
Friday, 01 March 2019 10:54

Are your dreams coming true? If they are, keep up the good work and take time to eat really good food, enjoy friends and family, and rest. If life is more of a horror story, or even worse, routine - rethink things. Brushing your teeth is a good habit, but mindlessness is not. Madame G encourages you to wake up and get woke! You only have one life to live. Give it all you've got!

Aries (March 21-April 19)

You're enough as you are. You have everything you need. Stop comparing yourself to others—you don't know the price they pay. The only thing you can change is yourself. Focus on what you can change. Make your goals attainable. You may have an ultimate goal, but set small enough goals that you can meet them. Small victories lead to bigger ones.

Taurus (April 20-May 20)

Remember, dear Taurus, that others have a will of their own, as well. They may only agree, but not really listen. Dictatorships are difficult to maintain, and those leaders are often overthrown. Maintain your strong leadership skills, but practice patience and show those in your experience that you care about them and appreciate their efforts.

Gemini (May 21-June 20)

Push yourself to focus on your goals. You know what you want. You may merely lack clear direction for how to get there. You don't know what that will mean and yet there are things you can do. First, write down your thoughts. Stop trying to remember everything in your head. Then, put what you wrote into an actionable plan. Edit. Revise. Looks like a plan to me...

Cancer (June 21-July 22)

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If at first you don't succeed, try, try again. But, discernment means knowing when it's time to quit. Not everything comes easy, but effort counts for something. So, even if you're spinning your wheels, at least you spun them. You tried, so take pride! Move on!

Leo (July 23-Aug. 22)

Love yourself! Enjoy your journey and relish in the time you can now spend with yourself. So many people run from their thoughts because they're scared. Thoughts are not scary. Inaction is scary. You might find yourself feeling tortured by past actions or unkind words. Feel those emotions and look at them deeply. Then no matter what happened, forgive yourself. That's peace.

Virgo (Aug. 23-Sept. 22)

Look within yourself and remember who you are. Now, it's time to discover where you want to go. Lessons in our history can be helpful because you need to heal old wounds before you can fight new battles. Review your thoughts and don't stray. Head towards the most painful emotions and stare down what you've been avoiding. That's your strength!

Libra (Sept. 23-Oct.22)

Share your wisdom with those around you. You're not an island and you do need those who will push you toward your goals. In this life, you're capable of more than you think. So are those around you, and they will continue to surprise you (in a good way) if you let them. Good luck!

Scorpio (Oct. 23-Nov. 21)

Wake up Scorpio! Chase your dreams and take actionable steps to get there. When you reach small goals, you can keep building on your skills to get where you want to be. This is the life you've always wanted. And there is only one life to live. Don't get trapped by bad ideas, things,

or people. Push yourself and don't be afraid of your fear. It's just an old friend.

Sagittarius (Nov. 22-Dec. 21)

Look into the mirror. Are you happy with what you see? If not, you can make changes. There are some things that you can't change: height, facial structure, and skin type. But, you can be more of the you that you want, by changing the things you can. If you don't like your weight, you can change it. Focus on being healthy. What kind of lifestyle is that? Are you living it? Why not?

Capricorn (Dec. 22-Jan. 19)

You're the master designer of your own life. You can curate your experience and living environment. Keep yourself open to new possibilities, and allow yourself to dream of wonderful things you want in life. Look deeply and don't doubt yourself. This is the world of your dreams and you can accomplish anything you want. Remember use your fear to your advantage.

Aquarius (Jan. 20-Feb. 18)

Remember who you are, dear Aquarius. Don't let fear guide your actions. You can push yourself toward the goals and destiny that you've always wanted. But, you must have courage and face the world with an open heart that is at once both ready to fight, and prepared for peace. This is no easy task. It requires great effort. You can accomplish anything. Be brave.

Pisces (Feb. 19-March 20)

Look within your heart and ask yourself: what do you really want? Don't be afraid of the answer. You may also need to reorient yourself, so that you're living closer to your reality. Be brave. Be free. Don't make your problem somebody else's. Take responsibility for your own actions and mistakes. This is life. Grow up or get left behind.

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