

Madame G guide to the stars Week of February 25

Written by Gallupsun Staff
Friday, 22 February 2019 10:31

This week practice self-compassion. Treat yourself as you wish others would treat you. You may not convince others to treat you well, but they will see that you are a friend to yourself and therefore, untouchable. Madame G wishes you well. You're on a sacred journey and the purpose of your life is to discover what gives you the most purpose. Rest well and have some fun!

Aries (March 21-April 19)

Look forward dear Aries, but stop to enjoy the fresh air. It's difficult to live in the moment. This is why it's important to take time every day to assess your mental and physical well-being. Remember to check in with yourself and ensure that you're speaking your truth. If you fail to do this, you betray yourself. So, look deep within yourself and welcome your truth. Be you.

Taurus (April 20-May 20)

Life can be very difficult at times, so much happens and we fail to catch most of it. But, if you deliberately take time to enjoy your loved ones—you'll have so much to be grateful for. Don't try to change the ones you love. They are on their own journey and you can't determine what direction is right for them. If you have an idea, show them with love and compassion.

Gemini (May 21-June 20)

Push yourself forward and don't let go of your dreams. Now is the time to invite positive people and experiences into your life. Don't let others dictate how you feel and what you're willing to accomplish. You are the master of your own destiny. Even if you do not reach the very pinnacle of your dreams, you may perhaps reach more greatness than you could ever dream.

Cancer (June 21-July 22)

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Life does not have to be perfect to be good and for you to live a meaningful, happy life. You can be a little “crabby” at times, but it’s over the little things. Take those pincher’s and grab onto some gratitude, love and friendship. Without our friends, life loses its richness.

Leo (July 23-Aug. 22)

Appreciate what you have and don’t overextend yourself. Now is the time to appreciate every aspect of what is around the corner. No one can predict what will happen next, but we can learn to love where we are. You are a good and wonderful person with compassion and purpose. Let your light shine and be yourself.

Virgo (Aug. 23-Sept. 22)

Love is all around us, if you look deep in your heart. Our families are not perfect, and they have so much on them including: past hurts and tragedies. But, that doesn’t mean we can’t start over from a place of love and compassion. Learn to trust yourself. Forgive yourself and look into the depths of your own heart. Now is the time to live. Now is the time to be free. Let go, you’re free.

Libra (Sept. 23-Oct.22)

You’re a leader of those around you and they look to you for guidance. In your heart, acknowledge their sacrifice for you and do your best to show them you care. Put your best efforts into what needs to be done and allow those around you to accomplish what they must in order to grow stronger and wiser. Do your best. Look inward and project goodness outward. Do no harm.

Scorpio (Oct. 23-Nov. 21)

Dear Scorpio, you have a lot to think about and you’re lying in wait. But, the waiting must come to end. You know the answer and you’re ready to act. Remember that now is the time to

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practice patience. Continue to put out your best work while pushing forward. Don't lose faith! You're more than ready now. Perhaps you were not ready then, but you are ready now. Now act!

Sagittarius (Nov. 22-Dec. 21)

Look into your heart, Sagittarius, and recognize the humanity and the wounded child. Release them and free them! You could be the wounded child who longs for the kind touch of humanity. Since these are self-help guru type terms, I'll make it easy ... nurture yourself. This weekend Rx – hot bath, candles, and lavender. Stat!

Capricorn (Dec. 22-Jan. 19)

Love is the greatest balm against hate and anger. However, you MUST allow others into the depths of your pain. If you're shouting, they can't hear you. In order to be heard by those you love, speak softly and let them know your truth. This is self-love and self-compassion. What's in your heart? Speak the truth with kindness and compassion. They're hurting too.

Aquarius (Jan. 20-Feb. 18)

Give your whole heart to your life's purpose. You can do so much more than you ever imagined. Look deep and release your fear. Now is the time to keep pushing forward and to keep trying. Life is about all how you live, laugh, and love. The rest really is just fluff. Don't get so caught up in the fluff that you forget what actually matters. Good luck!

Pisces (Feb. 19-March 20)

Now learn who you are and look within, but stop making your other people's problems. Be honest with yourself. Now G here is hard on Pisces. But think of it as tough love. Don't go around moping, instead pick yourself up and self-reflect on how you can improve yourself from

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the neck up.