

Feeling like you've seen this before? Well, you're not trapped in the movie Groundhog Day, you can make moves to change your life. No matter what the groundhog does in regards to its shadow Feb. 2, take back control. Madame G wishes you well on your journey, as poet Robert Frost said: "There are miles and miles to go before you sleep." Best of luck!

Aries (March 21-April 19)

Dear Aries, you've struggled and won. You've fought and learned. You are a testament to the human spirit of endurance and kindness. Give yourself a break — you're doing the best you can with what you've got. Don't compare yourself to others. You don't know what struggles they're facing, or what triumphs they wish they had achieved. Smile! You've arrived.

Taurus (April 20-May 20)

Don't short change yourself. But, keep in mind that "being nice" doesn't always make you a good person. You don't need to be a jerk, but having healthy boundaries might anger certain people. As the wise man (Dr. Seuss) said: "Those who don't matter mind, and those who matter don't mind." Be you, dear Taurus, that is your only option. Everyone else is taken.

Gemini (May 21-June 20)

Your heart is not a robot — it can't be programmed to believe what it does not feel. Be brave, little Gemini! You can do this. You are more than capable of putting one foot in front of the other. If you're wheelchair bound, push forward. Whatever you do, don't stop. You can't shake all negative thoughts or feelings, but you can keep going forward steadily. You've got this!

Cancer (June 21-July 22)

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Your life is not a series of accomplishments. It's a full rich experience waiting to evolve. Are you in limbo betwixt one big thing and another? Or rather, perhaps your in a rut because you see no "big things" on the horizon. Well, my hard-shelled friend, life is made up of the small stuff. Start being there for each little crumb. Good luck!

Leo (July 23-Aug. 22)

Open your heart to all possibilities, and you'll be amazed at what has a chance to come in and take up residence. You're a superstar companion and a wonderful friend. That's a beautiful quality. Don't forget to give yourself the same compassion and insight. You're more than you ever imagined you could be. This is an exciting time to be alive! Enjoy yourself and live well!

Virgo (Aug. 23-Sept. 22)

Dear Virgo, you rock! You're a light unto yourself and a shining beacon of magnificence. Don't lose sight of yourself. You know who are. You don't, you say? You do. Peel away the makeup, the make-believe, the chameleon, and what is left? Life, light, potential, beauty. You. Peel away the superficial.

Libra (Sept. 23-Oct.22)

You may think the end of the road is the end of the line. But there are greater potentials than meet the eye. Don't just give in to the first assumption. You might have to play around with what works and what doesn't. Keep yourself open to all possibilities and use your best judgment to find yourself. Take a breath and remember you're not alone. Your team is with you.

Scorpio (Oct. 23-Nov. 21)

You're doing amazing, Scorpio. Keep up the problem solving and keep an open mind. You only need to believe and trust in what you know to be true in order to be happy. Stay positive in your

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thinking and love what you will. You're tough, but sometimes you feel stung by the realities of life. Whatever is bothering you lately, it will pass.

Sagittarius (Nov. 22-Dec. 21)

Stop chasing waterfalls and focus on yourself. Learn to live with past decisions you have made and take accountability for your mistakes. Things are always in danger of looking up, so be ready. Enjoy life with those who enjoy you. So many love you. Try watching some movies this weekend. At least take it slow for a few hours, and enjoy those closest to you.

Capricorn (Dec. 22-Jan. 19)

Love is crazy! It blinds and hurts us. It scares us. We can choose to look away, or run away from the life we've imagined because it's not perfect. Or we can learn to accept who we are, what we've done, and hope for a better future. You're so much more than your past. Live in the present moment and move on to a better life. You never know what will happen. Have courage.

Aquarius (Jan. 20-Feb. 18)

Faith is a beautiful thing. It can be hard for those who walk a life dedicated to rationality. But, faith can be an example of what is good in this world. Stop trying to force yourself into a form of happiness that you just don't believe in. Instead, focus on what you do believe in. From there, learn to accept that not everything makes sense at the time, but it's still good.

Pisces (Feb. 19-March 20)

Keep up the good work! You're pushing forward in positive ways. You're capable of so much more than you think. You can do so much more than you ever imagined. Show yourself that you're capable. Learn to live with a little discomfort and take on the things that not only scare you, but make you happy along the way. Keep pushing forward. You've got this!

Madame G guide to the stars WEEK OF FEBRUARY 4

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