

Enjoy a Virgo Full Moon on Aug. 26. Everyone is a tad nitpicky. This has advantages. The Kaizen principle says that making incremental changes makes a great product, while preventing large failures. The dark side of paying attention to the details is that you may get lost in perfection. Madame G suggests you not let perfection get in the way of action. Seek balance.

Aries (March 21-April 19)

What's on your mind? You've got a lot on your mind. In fact, you may notice that you're a little on edge. Maybe you feel people are judging you or looking down on you. Before you react, take a moment to breathe. It may seem like the world is against you, but it's not. You may be antagonizing people's ire by looking angry. Take a moment to relax and breath. All will be well.

Taurus (April 20-May 20)

Conventional wisdom says to give 110 percent. But you can't give that much of yourself to everything. Eventually, something must give. You can't give your career, family, love life and fitness 1,000 percent—you'd keel over. Instead, give your family your time and focus. When at work, work. Don't make love to your spouse while thinking about work or vice versa.

Gemini (May 21-June 20)

The time is now, not tomorrow or next week—the time is NOW. You're capable of doing so much more than you think. Don't give up on yourself. Treat yourself like a coach would a trainee. Sometimes, you need a little kick in the ass motivation. At other times, you need someone to pick you up and dust you off. Be your own cheerleader, fangirl and coach! GO!

Cancer (June 21-July 22)

Instead of reacting or looking for trouble when it's not there, look in your heart. Most of the world is not against you—they're just for themselves. Everyone has things they can be a little picky about. You might consider whether you've not gone a little too far. How many pet-peeves can one person have? Look around you, people are not that bad. The common factor is you.

Leo (July 23-Aug. 22)

Well, your birthday month has passed. But that doesn't mean the party has to stop. What did you enjoy most? Was it the cake, the food or the family gathering around? Madame G recommends you reach out to your family and spread the love. There is nothing from stopping you enjoying the little things with the ones you love. Live, laugh and love!

Virgo (Aug. 23-Sept. 22)

Dear Virgo, it's your birthday month. Let's celebrate! But first, let's set some ground rules. You can't make everything perfect. You have to accept a certain amount of imperfection in this world. You can keep making mountains out of mole hills and you'll keep getting stuck in the mud. Instead, consider how to use your talents to make the best of everything. Good luck!

Libra (Sept. 23-Oct.22)

Life is what you make of it. Stop trying to hide away from life's darker truths. Sometimes, words hurt worse than anything. Sometimes, you have to hold yourself back from telling the truth. But it's the greatest gift you can give someone. Give the people you love your undivided attention and love. Look within for the answers. You won't find them anywhere else.

Scorpio (Oct. 23-Nov. 21)

Don't give up on yourself. Look into your heart and speak freely. You don't need to tell everyone what you believe, but you should tell them the truth. Give your joy to those around you and show up for yourself. You can't make others see the way, but you can be a beacon of light for the world. Be open with those around you and sing praise for the day. Best of luck!

Sagittarius (Nov. 22-Dec. 21)

You can't give up. You have miles and miles to go before you can stop. Don't look back or too far into the future. Look right in front of you. Put one foot in front of the other. Keep going and don't give up. If you think you can—you can. If you think you can't—you can't. So be like the little red engine that could and keep on going on. Keep calm and carry on!

Capricorn (Dec. 22-Jan. 19)

So you've got another 12 things on your mind. You can't keep up with the racing thoughts and the dark days. You just keep on pushing and pushing and hoping that one day you'll get there. One day, the noise will stop. That day won't come. There is always work to do and things must happen, but only you can reach up and smile at the sun. It's a good day.

Aquarius (Jan. 20-Feb. 18)

This is it. You're almost at the finish line. You must ask yourself in this moment, will I be enough? That is the question. Once you reach a goal, another may appear. You may also change your mind about what's important. Instead of getting trapped in the dark, look at your heart. What can you give and what isn't worth it? You'll know when you see it.

Pisces (Feb. 19-March 20)

Madame G guide to the stars WEEK OF AUGUST 27

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Love freely. Love wild. But most of all, love someone. You can't remain in a vacuum hoping life will come for you. You must take a risk and leap. Don't jump into the sun. But do consider the possibilities of a life greater than you could ever imagine. Take stock of your life. Look at yourself and dig deep. You're capable, and you can love yourself.