

Happy New Year! Have you already jumped off the bandwagon? Maybe you're heading for the gym right now, and perhaps you're not. A new year is a perfect way to gauge progress, but about 80 percent of people give up on their New Year's resolutions by February. Don't do that. Madame G recommends you take stock of your life and don't give up. Good luck and godspeed!

Aries (March 21-April 19)

So, how are you doing? This world is a beautiful miracle it's time to buckle down and start kicking ass. This may mean cutting out the negative people from your life, or substances that inhibit positive thinking. Consider what serves your move to greatness and do that. Don't wait around for anyone. Get out there and make the most of this life. You only have one to live. GO!

Taurus (April 20-May 20)

It's on, baby! It's time to make it happen. You can wait all day for the sun to shine, but nothing will happen without your approval. In this world or the next you must decide what's worth it and what's not. You can't expect people to choose for you. Only you know if this is the best year or just another one that got away. Don't wait for the end of the movie to be you. Just do it.

Gemini (May 21-June 20)

What's your song? You might need a pick me up right now. So bust out your favorite song and get pumped up. Get back to the gym and pump some iron. Those butt cheeks won't lift themselves. Run in place or to the neighbor's house for tea. Whatever the case get out there and start living it up. You can't afford to wait around. You may have to climb a tree to see the light.

Cancer (June 21-July 22)

Stop going crazy! It's not a good look on you. It's on you, if you're ready for the next phase or not. Call a spade a spade. Don't give up on your dreams, but it might be a good time to reflect on how you'll get there. In times of strife we always head in a specific direction, sometimes it's the right way and sometimes it's not. Decide what you're willing to do for yourself and goals.

Leo (July 23-Aug. 22)

There's nothing wrong with enjoying life. In fact, it's better to stay young at heart. So, if your daughter gave you an awesome new book that sparks the nostalgic feeling of reading under the covers when you were 10 years old—just do it. It's never too late to have the spark of joy pervading your life. Make this year, and every year, the best that you can make it. Have fun!

Virgo (Aug. 23-Sept. 22)

Clocks are ticking and you hear everything. Well, that's awesome and crazy. Are you a superhero? No. Then maybe it's time to start focusing on one thing that you really want to enjoy and do it. Don't get lost in quicksand, you've got to rollover and pull yourself out. You may lose your Jimmy Choo's and that's okay. In other words, you can always buy new shoes. Better ones.

Libra (Sept. 23-Oct.22)

It's the beginning of a new year. What will you make of it? Will you continue on the path you started? Perhaps you realize that you've been lost and pulling at the wrong plants. If you want more connections stop harming the lives of others (even if it's only with your words). Everything matters and words matter more than ever. Remember it was so in the beginning...

Scorpio (Oct. 23-Nov. 21)

Let go dear Scorpio, let go of everything that no longer serves your path. This is the time to act. Stop wasting time with distractions and pettiness. Nothing will change unless you make it happen. Yes, your sense of rightness may keep you trapped in jobs you don't like and getting walked over by people who don't deserve you, but that's over now. Let it go. Let it go. Let it go.

Sagittarius (Nov. 22-Dec. 21)

You have a choice to make. You know this. You can continue on one path that will likely lead to destruction, or head into an unknown and possibly harder direction. It's important to consider what you want out of life. If you're okay with the bare minimum then that's okay. It never hurts to try a new way even if it doesn't work. The old path is also acceptable, if you choose it.

Capricorn (Dec. 22-Jan. 19)

Wishes are worth about what you paid for them: nothing. Stop acting like the bubbly best friend in the movie and start taking a starring role. A prince will never come to save you and Daddy Warbucks won't swoop in either. That's for fairytales. Instead consider the fact that you're your own hero or heroine and are capable of taking care of yourself. You got this year handled.

Aquarius (Jan. 20-Feb. 18)

Enlightenment is just around the corner. The Pantone color of the year is indigo, and that is the color for greater understanding. Not many people will choose this path, it's terrifying for most. You're the exception. You're not afraid of the great mystery nor are you afraid of your own self. The time has come for you to make the greatest stand of your life. Be kind to those around you.

Pisces (Feb. 19-March 20)

Madame G guide to the stars WEEK OF January 5

Written by Gallupsun Staff

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You don't know what's next and that's okay. But, you might also be standing around wondering where the hell everyone else has gone. In this case, it might just be you. Look for patterns. You don't have to buy people things for them to love you. Love in its truest form is always an exchange of positive free will energy between you and the universe. It's free. Stop trying.