

Adventure racing coming to Gallup this Summer

Written by Staff Reports
Friday, 29 June 2018 04:32



Close to 30 obstacles. Oh yeah, and lots of mud

RMCHCS and the Western Health Foundation are proud to bring adventure racing to Gallup with the 3rd Annual Adventure Mud Run. The event will happen on July 28, 2018 at the Gallup OHV Motorcross Park on Hasler Valley Road.

Mud, dirt, water, crawling, climbing, swinging – racers can sign up for either a 5k or 10k obstacle course. This year the Adventure Mud Run is adding an exciting new feature: teams! Racers are encouraged to sign up with friends, family, or co-workers as they take on the course - matching outfits and costumes are not only welcome, but encouraged! Young runners can also get in on the muddy action with a special kids' race. Families and spectators who hope to cheer on runners are welcome to participate for free as spectators.

The Adventure Mud Run will also include food vendors, kids' activities, awards and prizes for the top individual and team finishers.

Time and Place: The 10k race starts at 8:30 am, the 5k race starts at 9 am, and the kids' race starts at 11am. All races take place at the Gallup OHV Park on Hasler Valley Road.

Cost: We're expanding our Early Bird Rate! Sign up by July 4 to receive a \$10 discount on both the 10k and 5k races. After that, full pricing returns to \$75 per runner for the 5k race, \$85 for the 10k race, and \$10 for the kids' race.

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Benefit: Proceeds from the Adventure Mud Run will benefit the Western Health Foundation's annual Charity Invitational fundraising event. Every year the Foundation hosts Charity Invitational, which consists of events such as the Adventure Mud Run, a golf tournament on Sept. 22, and a Gala event on Sept. 23, to raise funds to foster health and wellness and help improve healthcare throughout McKinley County.

This year's Charity Invitational project is the renovation of patient rooms and bathrooms, the purchase of new patient beds and in-room physician computers at Rehoboth McKinley Christian Health Care Services.

Get Involved: The Adventure Mud Run also welcomes sponsors and volunteers. Volunteers who help build the course and obstacles ahead of the race may be eligible for a discount off the race's ticket price.

Register: <https://www.eventbrite.com/e/gallup-adventure-mud-run-tickets-44528659419>

<http://gallupmudrun.com/>

[facebook.com/gallupmudrun](https://www.facebook.com/gallupmudrun)

Or in person at the RMCH Wellness Center, 1910 Redrock Dr., Gallup

Contact: GKIRK@RMCHCS.ORG

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