

## Navajo First Lady visits Girl Scout troop via 'Project Bike Love'

Written by gallupsun  
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INDIAN WELLS, Ariz.— Navajo Nation First Lady Phefelia Herbert-Nez was invited by the Girl Scouts Troop 7314 on Friday to celebrates the troop's "Project Bike Love" beneficiary ceremony at Indian Wells Elementary School, located approximately 75-miles west of Window Rock. Troop 7314 consists of 40 young Navajo girls who strive to build courage, confidence, and character within themselves and collectively.

During her keynote address, Herbert-Nez expressed her appreciation to Project Bike Love, a nonprofit organization, who donated 20-bikes and bike gear including jerseys, helmets, and shoes to the young ladies of Troop 7314.

"I am honored to celebrate this day with the young ladies, who deserve the recognition for their hard work and dedication. Today, they received fully equipped mountain bikes from Project Bike Love and I encourage the young ladies to use those bikes to their full potential. The bikes will give each of you life-long health benefits," Herbert-Nez said.

Project Bike Love, a nonprofit organization, is committed to empowering women and girls around the world through the gift of a bike and supporting them in their efforts to transform their families and communities in a positive way.

Herbert-Nez also encouraged the troop members to continue practicing their leadership skills at school, home, and within the community.

"Volunteerism is a good start to practice your leadership skills and abilities," Herbert-Nez said. "It is a way to show your compassion to help your family, friends, and community members. Volunteering also builds your confidence."

Following the event, the First Lady thanked Troop 7314 leader Claudia Jackson and parent volunteers for the invitation to celebrate a special day with the Troop.

"Troop 7314 is doing a wonderful job and they share many of First Lady and Second Lady's

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priorities," she said. Girl Scouts Troop 7314 will utilize the bicycles for the "Girl Scouts Get Outdoors Challenge" in March and the "Tour de Sih Hasin 300-miles Challenge Bike Ride" in July.